



## Mypolonga Primary School Bullying and Harassment Policy



Teamwork

Integrity

Generosity of Spirit

Excellence

Respect

At Mypolonga Primary School we believe it is important to live our values. We have the integrity to treat each other with respect. We show a generosity of spirit towards each other and support each other to be the best we can be. We are committed to ensure a safe and supportive environment for the whole school community.

### What is bullying?

Bullying is a pattern of repeated physical, verbal, psychological, or social aggression that is directed towards a specific student by someone with more power and is intended to cause harm, distress and create fear. It can be visible and clear to all, or it can be invisible and insidious.

### Bullying and Harassment Intervention Processes

Step 1	Step 2	Step 3
<ul style="list-style-type: none"><li>• Ask them to stop</li><li>• Walk away</li><li>• If it is appropriate tell them it is upsetting you.</li><li>• Don't retaliate</li></ul>	<ul style="list-style-type: none"><li>• Tell the teacher or school counsellor</li><li>• Tell a trusted adult who will advocate for you</li><li>• The teacher /school counsellor will record the harassment and work with the victim and the perpetrator to resolve the problem.</li></ul>	<p>If the conflict is not resolved or there are repeated offences:</p> <ul style="list-style-type: none"><li>• Work through school's Student Behaviour Management processes.</li><li>• Contact bully's parents</li><li>• At the discretion of the Principal or School Counsellor continued bullying and harassment will result in suspension.</li></ul>

## Mypolonga Primary School Bullying Policy

Visible Bullying	Invisible Bullying	Cyber Bullying
<p><b>Verbal Bullying</b></p> <ul style="list-style-type: none"><li>• name calling, teasing</li><li>• put downs</li><li>• swearing</li><li>• insults</li><li>• threats</li><li>• personal graffiti</li><li>• harassing someone for their weight appearance or home life</li></ul> <p><b>Physical Bullying</b></p> <ul style="list-style-type: none"><li>• punching</li><li>• kicking</li><li>• pushing</li><li>• tripping</li><li>• poking</li><li>• biting</li><li>• slapping</li><li>• choking</li><li>• pulling hair</li><li>• spitting</li><li>• threatening others with weapons, real or imaginary</li><li>• throwing things at people</li></ul>	<ul style="list-style-type: none"><li>• starting bad rumours</li><li>• nasty comments to others about someone</li><li>• hiding or destroying property</li><li>• deliberate exclusion from group, ganging up</li><li>• talking behind other people's backs</li><li>• getting others to do your dirty work</li><li>• passing notes around about someone</li><li>• making jokes about someone</li></ul>	<ul style="list-style-type: none"><li>• posting bad photos of someone on the internet</li><li>• verbally abusing or threatening someone online.</li><li>• commenting rudely on someone's photo</li><li>• prank phone calls</li><li>• using mobile phones to photograph or film at school.</li><li>• hacking, or inappropriate use of social network sites.</li><li>• verbal bullying in written form</li></ul>