

MYPO NEWS

Est. 1916

Mypolonga Primary School & Community Newsletter

"If you can't find happiness in the ugliness, you're not going to find it in the beauty."

~ Chip Gaines owns a home renovation and redecoration business in Waico, Texas and stars in the American reality television series Fixer Upper. ~

Term 3, Week 2 1st August 2022

Happy Birthday...

3/8 - Hunter (Reception)
5/8 - Makayla (Year 6)
7/8 - Lucinda (Year 5)
8/8 - Noah (Year 5)
9/8 - Lilly (Year 6)
15/8 - Gracie (Year 3)

Enclosed with this newsletter

. Letter to parents/caregivers re Nationally Consistent Collection of Data

Term 3 Student Free / School Closure Day

Please note the following student free day and school closure day in Term 3:

Friday 2nd September 2022 - Student Free Day

Monday 5th September 2022 - School Closure Day

ICAS Assessments

Dates have been set for nominated students to sit the online English, Maths and Science ICAS assessments. Please refer to the Term 3 planner on the back page of this newsletter.

Book Week

Parents/caregivers.. Book Week is nearly here! Please refer to the note attached to the email linking this newsletter.

We will have our Book Fair day on Wednesday 24th August, 2022 with this year's theme being...

"Dreaming with eyes open..."

More information will come home with students in the coming weeks.



We Roar as One!

Welcome to Term 3! We hope you had an enjoyable and safe two weeks with your children and that COVID did not affect your break too much.

Testing Term

Term 3 is traditionally a very busy time in schools and I can see the calendar filling up very quickly. There are a number of assessments which need to be completed, including;

- Year 2 Oral Reading Fluency assessment
- Year 1 Phonics Screening check
- Progressive Achievement (PAT) testing for students from Year 2-6 in reading and maths
- Parent Opinion Surveys
- Staff Opinion Surveys
- National Consistent Collection of Data on students with Disability

All of these things will be greatly beneficial in showing us where students are achieving, where the school is placed and to give us direction for what we need to continue to improve for the future.

Along with this, there are many extra-curricular activities occurring including visits from the RSPCA and Dentist, as well as SAPSASA District days, Book Week and the return of Masterclasses!

Parent Opinion Surveys

You're invited to complete the 2022 annual parent survey, which is now open. In the week beginning Monday 1st August 2022, you will receive an email or SMS from the Parent Survey Team with a unique link to participate in the survey.

If you did not receive an email or SMS with your unique survey link, contact education.ParentSurvey@sa.gov.au and include our school's name in your email.

The survey takes less than 10 minutes and will help us understand:

- what we're doing well
- where we can improve
- what's important to you.

It has been coordinated centrally so that added administration workload isn't placed on the school.

Your answers will not identify you or your child. Only collated feedback will be provided to our school.

Information collected will inform school improvement planning and activities at the school.

The survey closes 5pm, Sunday 28th August 2022.

As always, my door is open and I look forward to hearing your thoughts on ways that we can improve what we do here at Mypolonga PS. Feel free to send me an email, or make a time to meet with me.

*Working together,
Sunyl Vogt*





PARENTS AND CARERS

We want your feedback!



SUBMIT

Classroom Enterprise Recess / Lunch for Term 3 - commences this week!

 Classroom Enterprise 	
Middle Primary Unit Wednesday Lunch	
Pasta Choice of * tomato; or * macaroni & cheese	
\$3 each	
Junior Primary Unit Thursday Recess	
Cinnamon Doughnut \$1 each	
*Please encourage your child to order their own food	
Name –	
*Please order and pay for all Enterprise Food on Monday and Tuesday. All Enterprise orders will be taken in the Kitchen @ the servery prior to 8:55am. Thank you ☺ GST included	

Contact Details

Have you recently updated your contact details; email, phone or address? If so, please email updated information or call in and see Necia so we can update our student database. Thanks!

Car Parking / School Drop off / Pick up

Please refrain from dropping off or collecting your children from the back of the school (in the staff car parking area). We have limited car parking space and congestion occurs, resulting in a significant safety concern.

SRC Representatives Terms 3 & 4

We thank our outgoing SRC reps for Terms 1 & 2 for their contribution made to the first Semester this year.

Class elections were recently held and we congratulate the following students on being elected SRC representatives for Terms 3 and 4 (pictured below right):

- Year 6 Leaders:** Amira Egel & Charlotte Pahl
- Year 5:** Mila Carstairs & Luke Pontt
- Year 4:** Madison Brouwer & Riley Frew
- Year 3:** Felix Patritti & Zara Hagger
- Year 2:** Taylor Lacey
- Year 1:** Ella Brouwer
- Reception:** Piper Schutz
- SRC Co-ordinator:** Jacob Rance

'If everyone is moving forward together, then success takes care of itself.'
 ~ Henry Ford ~

Junior Primary Unit - FARM themed Discovery time

Late last term, our Junior Primary students engaged in a fun farm theme discovery time. Using only nature and their imaginations, they created paddocks, shelters for farm animals, and some beautiful farm art pieces.



Middle Primary Black - Digital Technologies / Art

During a Digital Technologies/Art lesson with Mrs Stone, Middle Primary Black students created some tracing 'masterpieces'. They were asked to look for an image on the Internet, print it and use old fashioned tracing techniques using tracing paper and lead pencils.

The artwork below is by Olivia and Felix and all students' drawings can be viewed on the noticeboard near the school kitchen.



Class Awards - Term 3 Week 1

Junior Primary Gold

Whole class - congratulations on 100 days of learning in 2022!

Junior Primary Black

Whole class - congratulations on 100 days of learning in 2022!

Middle Primary Black

Felix Patrilli - always being enthusiastic during Library time.

Scarlett Carstairs - returning with a positive and enthusiastic outlook.

Middle Primary Gold

Jordan Pope - a focussed and fantastic start to Term 3.

Isabel Hillam - being an amazing home reader.

Upper Primary Gold

Bailey Harvie - kind and helpful student.

Pheobe Burnell - always tries her best and works hard.

Upper Primary Black

Drazic Ryles - awesome contributions in class discussions. Very engaged in our learning.

Lucinda Temby - renewed focus and dedication to growing as a learner.

Healthy Eating for Children

We all know how important it is for children and teens to make healthy food and activity choices. But, while it may be easy to say, it's not always so easy to do! However, the benefits of setting some time aside to plan key steps towards getting the kids and whole family eating better and doing more activity make it all worthwhile.

Healthy eating means enjoying a variety of foods from each of the five food groups every day.

These include:

- . plenty of vegetables, legumes and fruit
- . plenty of cereals, including breads, rice, pasta and noodles – preferably wholegrain
- . lean meat, fish, poultry and/or alternatives
- . milk, yoghurt, cheese and/or alternatives – choose reduced-fat choices where possible.

And remember, water is the best drink for kids and teens.

How can I encourage healthy eating habits?

Here are some tips to encourage healthy eating habits:

- . Sit together as a family at mealtimes, without any screens.
- . Make healthy foods fun, for example by cutting fruit or sandwiches into interesting shapes.
- . Serve a variety of seasonal fruits and vegetables.
- . Learn together about how different foods are grown.
- . Let your children help with food shopping and preparation.
- . Try new foods and recipes.
- . Limit the amount of junk food you keep in the house.
- . Keep a bowl of fruit handy for snacks.



For some great recipe ideas, you might like to visit <https://www.kidspot.com.au/kitchen/recipes/collections/kids-meals>

Introducing.. Zoe Diment

Role at Mypolonga Primary School... Reception / Year 1 teacher

Favourite school memory... Sport's Day, because I loved cheering on my team mates.

What do you love about Mypolonga Primary School?... I love that everyone is very kind and that we all look out for each other. I love that the students take risks in their learning by having a go and trying new things. I also love playing teacher chase with students at recess and lunch.

What is a goal you have for 2022?...

To learn most of the children's names in the school and to help students challenge their thinking by creating exciting learning opportunities.

Who do you admire and why?...

I admire my grandmother because she was a teacher who believes that children teach us something new each day.



Wellbeing Wonders

Hi families, the advances in modern technology have allowed for marvellous creations and ability to socialise with people all over the world. One area it has impacted is our kids physical literacy skills. Recent reports conducted by Western Australia University have shown that 1 in 2 kids do not master fundamental movement skills (jumping, running, balancing, jumping and kicking) by the end of primary school. The same report shows that 25% of kids are overweight or obese and only 35% of children aged 5-8 meet the physical activity recommendation of 60 minutes per day. One of the big reasons for this is, "Play has moved from outside and active to inside and inactive."

The benefits for developing physical literacy in our students include: Educational success, cognitive skills, mental health, social skills, healthy lifestyle habits and physical health and fitness. Most children are born with the capacity and motivation to move but not the skills. Thus showing how important our jobs are as parents and caregivers to teach them some of these fundamental skills.



Studies have shown, and in my own experiences, the KIDDO website to be a great place to find resources. <https://kiddo.edu.au/activities>

The website lists a large variety of activities, a mix of new ideas and old favourites, to help kids learn the fundamental movement skills in a fun and interactive way. Each activity comes with its own 'skill criteria'. For instance, *catching*:

- . Eyes focused on the ball
- . Feet move to place body in line with ball
- . Hands move to meet the object
- . Hands and fingers relaxed and slightly cupped to catch the ball
- . Catches and controls the ball with hands only (well timed closure)
- . Elbows bend to absorb the force of the ball

I welcome you to have a go at some of these with your children and see the results.

Be yourself

Jacob Rance

Student Wellbeing Leader

Planner - Term 3 2022

MCSC - Mypolonga Combined Sports Club / MFC - Mypolonga Football Club / MBHS - Murray Bridge High School / MNLCL - Mypolonga Netball League Club / MCC - Mypolonga Cricket Club / YEL - Young Environmental Leaders

Week 2	1/8 . RSPCA visit (whole school) . Newsletter . 5:00pm MBHS second Principal tour	2/8 . 9:00am Tiny Tigers	3/8 . MP unit enterprise lunch (pasta)	4/8 . JP unit enterprise recess (cinnamon doughnuts)	5/8 . From 6:00pm MCSC Friday night tea & draw	6/8 & 7/8 . 6/8 RMFL/ RMNA Round 17 - Mypolonga bye
Week 3	8/8 . Dentist presentation (whole school) . 7:00pm Finance committee meeting . 7:30pm Governing Council meeting	9/8 . 9:00am Tiny Tigers	10/8 . MP unit enterprise lunch (pasta) . 9:30am MBHS third Principal tour	11/8 . JP unit enterprise recess (cinnamon doughnuts)	12/8	13/8 & 14/8 . 13/8 RMFL/ RMNA Round 18 Meningie -v- Mypo @ Meningie
Week 4	15/8 . Newsletter	16/8 . 9:00am Tiny Tigers . Murraylands school basketball competition	17/8 . MP unit enterprise lunch (pasta) . ICAS assessment for nominated students (English)	18/8 . JP unit enterprise recess (cinnamon doughnuts)	19/8 . From 6:00pm Mypo RSL bingo tea	20/8 & 21/8 . 20/8 RMFL/ RMNA Round 19 Mypo -v- Mannum @ Mypo inc. Ladies Day and home match teas
Week 5	22/8 . Book Week (until 26/8/22)	23/8 . 9:00am Tiny Tigers . District Athletics at Unity College	24/8 . MP unit enterprise lunch (pasta) . BOOK FAIR day!	25/8 . JP unit enterprise recess (cinnamon doughnuts) . ICAS assessment for nominated students (Science)	26/8	27/8 & 28/8 . 27/8 RMFL Qualifying Final @ Tailem Bend . 28/8 RMFL Elimination Final @ Mypo
Week 6	29/8 . Newsletter	30/8 . 9:00am Tiny Tigers	31/8 . MP unit enterprise lunch (pasta) . ICAS assessment for nominated students (Maths)	1/9 . JP unit enterprise recess (cinnamon doughnuts)	2/9 Student Free Day . From 6:00pm MCSC Friday night tea & draw	3/9 & 4/9 . 3/9 RMFL Second Semi Final @ Imps . 4/9 RMFL First Semi Final @ Ramblers
Week 7	5/9 School Closure Day	6/9 . 9:00am Tiny Tigers	7/9 . MP unit enterprise lunch (pasta)	8/9 . JP unit enterprise recess (cinnamon doughnuts)	9/9	10/9 & 11/9 . 10/9 RMFL Preliminary Final @ Meningie . 10/9 RMNA Grand Final
Week 8	12/9 . Newsletter . 7:00pm Finance committee meeting . 7:30pm Governing Council meeting	13/9 . 9:00am Tiny Tigers	14/9 . MP unit enterprise lunch (pasta)	15/9 . JP unit enterprise recess (cinnamon doughnuts)	16/9	17/9 & 18/9 . 17/9 RMFL Grand Final @ Jervois
Week 9	19/9	20/9 . 9:00am Tiny Tigers	21/9 . MP unit enterprise lunch (pasta)	22/9 . JP unit enterprise recess (cinnamon doughnuts)	23/9 . MFC senior presentation dinner (by invitation)	24/9 & 25/9

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