

# MYPO NEWS

## Mypolonga Primary School & Community Newsletter

**“When was the last time you did something for the first time?”**

*~ John C. Maxwell is an American author, speaker, and pastor who has written many books, primarily focusing on leadership. Titles include The 21 Irrefutable Laws of Leadership and The 21 Indispensable Qualities of a Leader. His books have sold millions of copies, with some on the New York Times Best Seller List. ~*

**Term 2, Week 8 15th June 2020**

### Happy birthday...

18/6 - Jeremy (Year 1)  
20/6 - Ruby (Year 6)  
20/6 - Hamish (Reception)  
27/6 - Isabelle (Year 3)

### Governing Council / Finance Meetings

**Finance Meeting** - Monday 15th June 2020 @ 7:00pm

**Governing Council Meeting** - Monday 15th June 2020 @ 7:30pm  
both meetings will be held in the school Library.

### Final Newsletter for Term 2

Our final newsletter for Term 2 will be sent home in Week 10, on Thursday 2nd July 2020.

### Literacy Cup Results are back! (Week 7 Term 2 and progressive total)

Red (Murray) 205 points / 1354 points  
Gold (Finnis) 235 points / 1350 points  
Blue (Hindmarsh) 167 points / 1066 points

### Upcoming Student Free Days / School Closure Day

**Monday 20th July 2020 (first day of Term 3)** - Student Free Day

**Friday 11th September 2020** - School Closure

**Monday 14th September 2020** - Student Free Day

**Tuesday 10th November 2020** - Student Free Day

### School Uniform - Winter Warmers

Looking for an extra layer of warmth to our school uniform? Print City Murray Bridge has a large range of Mypolonga Football Club apparel in our school colours of black and gold. If MFC is your team, visit the MFC apparel page <https://www.printcity.net.au/product-category/mfc-apparel/> where you will find beanies, scarves and hoodies for sale, all in Mypo colours.



### We Roar as One!

#### Shop Stock Take

This year, we had to adapt our School Shop program to include the Year 5s who are now in Upper Primary. We could not physically have 50 students involved in the bus tour, so we designed an 'Entrepreneurial Learning' unit, based in the Business and Economics curriculum, to prepare the Year 5s for the Shop program. This learning program coincides with the bus tour and tourists are able to observe these lessons. Once the tour was suspended, the Upper Primary Gold class, continued with this format, but with a greater mathematical focus.

We have over 40 consignors in the Shop, who deliver items to be sold on consignment. We design learning in class around sales, however Necia has the ultimate responsibility to track all sales and determine payments to consignors. This is a massive job, but as the Shop evolved, we have never had the time to step back and set up an ongoing, sustainable stock management process. This has made the job of reconciling sales very time consuming. During COVID 19, we had the opportunity to set up a data base from scratch, so Necia coordinated the UP unit to move all stock into the library, where she proceeded to numerically annotate every item in the Shop. This has been a massive task and Necia has used every spare minute to design and develop a process to record all of the stock in a more sophisticated way. What a woman!

When Necia contacted one of our consignors, who had a significant amount of stock in the Shop, the consignor notified us that she wished to donate any leftover stock to us. As all labels had to be removed and replaced, our students decided to discount the goods by 25%, enabling them to leave the current sticker on the goods and then add a new fluoro sticker with the new discounted price, with numerical annotations, as part of "Entrepreneurial Learning" lesson. This was a massive undertaking to coordinate, given there were almost 200 items donated. I was so proud of the UP Gold class which rose to the occasion superbly. I was particularly proud of Brandon Pahl's leadership of the process. Pictured right during stock take; Blake and Ava.



#### Collaborative Creative Problem Solving

A student in Renay's class went to pull their headphones out from their iPad but the cord broke, leaving the jack embedded in the device. Renay approached Bill to solve the problem. Bill had never been confronted by this problem before, so he went to his mentor (YouTube), who advised him to use a hot glue gun to glue the end of the straw, insert it, wait for it to adhere and then extract it. However, all of the straws we had, were too big. Bill then asked Renay if she had any small straws. She thought about it for a bit and suggested a Chupa Chup stick. Worked a treat! Great creativity. Great collaboration. Bill was pretty chupped (no pun intended)!

#### Farewells

Last week, we said goodbye to Shelby and Bailey Rothe who are moving to Pinnaroo. I loved the FriYAY theme of blue and gold to celebrate their new school colours. We also farewell Juliè Wallis, who has also moved. Once a TIGER always a TIGER!

Warm Regards, Rita



**Government of South Australia**  
Department for Education



### Uluru Silhouettes ~ Trik (MPG)



## Class Awards - Term 2 Week 6

### Junior Primary Gold

**Owen McCullough** - speeding up his morning routine and showing enthusiasm.

**Oliver Carroll** - showing understanding and control with his own emotions in class. Very proud!

### Junior Primary Black

**Harrison McNeilly** - using his persistence in writing and showing excellent improvement.

**Jeremy Marshall** - taking on feedback positively and setting goals to help with improvement.

### Middle Primary Gold

**Noah Martin** - consistently working hard with his Spelling.

**Crystal McDonald** - being brave and stepping out of her comfort zone.

### Middle Primary Black

**Archie Lademan** - working hard to improve his Maths skills.

### Upper Primary Gold

**Tehya Fawdry** - very accommodating and always willing to help others.

**Blake Kennedy** - making a conscious effort to improve his reading and moving up a level.

### Upper Primary Black

**Drew Bettcher** - being an outstanding leader in the class and as a house captain.

**James-Noah Peterson** - for completing extra home learning when it wasn't required.

## Non-contact infrared thermometer

All South Australian preschools and schools have been provided with a non-contact infrared thermometer. This has been provided by the Department for Education for us to use as an assessment when a child appears unwell at school.

Non-contact infrared thermometers are used to measure a person's temperature rapidly with no body surface contact. They can provide a temperature reading in seconds by measuring the temperature of the central forehead area.



SA Health confirms that a fever is 38°C or more. The thermometer has a high temperature alarm set at more than 37.2°C. If your child appears to be unwell at school, it is likely that their temperature will be taken and you will be asked to collect them as soon as possible.

\*\* Thanks to everyone for providing a reason for absence when their child is away from school. It truly saves us lots of time! We kindly ask that this continue to be done **daily**, either by phone, a message left on our voice mail or by email to either the child's class teacher or Necia in the office.

## Wellbeing Wonders!

MYTERN (Take Emotional Responsibility Now) is a simple yet powerful language that helps students cope with their response to the ever increasing stresses of life.



Rather than trying to eliminate the stress (which is impossible) and allow it to decrease your health, MYTERN teaches you how to build your emotional intelligence and create health and resilience out of these everyday stressors. Using the common metaphor of driving, the simple yet powerful language is designed to cross age and cultural barriers, so that it can be used effectively both at home and at school.

It is important to understand that MYTERN is a preventative intervention. It teaches everyone how to be in control of their reaction to the everyday altercations, helping to stop them from building up into more serious problems. You may not be able to change the circumstances around you, but you always have the option to change the way you feel.

MYTERN replaces blame and judgement with responsibility, empathy and compassion.

MYTERN has been implemented across our school for the last two years. Each year, our classes revise the language and make sure all students understand what MYTERN is all about. Ask your children about it, they will be able to chat with you about red and green roads and that feelings are not good or bad. They will talk to you about it being ok to be on a red road if you are in control.

MYTERN is not a program we implement but rather a language we use to talk about our feelings. If you would like any further information on this, please don't hesitate to ask me or your child's teacher.

*Cheers, Kerry, Wellbeing Leader*

## Junior Primary Black ~ Warm and Cool Colour Art with Contrasting Foreground/Background



## 'Simultaneous Read Out Loud' Day

In Week 5, the whole school celebrated 'Simultaneous Read Out Loud' Day. In beautiful sunshine, our older buddies selected books and practised them ready to read to their younger buddies. Pictured from left; Luke, Charlotte, Jai, Aila and Macie.





We may not be able to provide you with a term planner at this stage BUT WE CAN provide you with some delicious, true and tried recipes made by our staff recently! We hope you enjoy them as much as they did!

### Fried Rice (Simple, a dinner guest favourite and oh so tasty!) by Necia / Kerry

#### INGREDIENTS

- . 4 cups rice (*Basmati preferred*)
- . 4 rashers bacon (*diced*)
- . 1 onion (*diced*)
- . 2 cloves garlic (*crushed*)
- . 2 cups capsicum/corn/pea frozen mix
- . 2 eggs (*beaten, cooked and chopped*)
- . Soy Sauce (*to taste*)
- . Salt / pepper (*to taste*)
- . 2 Tbsp olive oil

\* if you are stuck for time, 90 second microwaveable rice can be used instead of cooking your own.



#### METHOD

1. Place rice in microwave proof bowl and rinse with water to remove starch. Top with approximately 3cm of water. Microwave on high for 17 minutes. When finished, fluff with fork to prevent sticking. (Cooking of the rice is best done a few hours before, then refrigerated, to prevent it going 'gluggy').
  2. Fry diced onion and garlic in olive oil in a wok or large frypan.
  3. Add diced bacon and fry until brown.
  4. Add cooked rice.
  5. Add soy sauce to taste.
  6. Add capsicum/corn/pea frozen mix and stir through.
  7. Add chopped eggs.
  8. Add salt & pepper to taste.
- \* Delicious served with steamed dumplings.

#### INGREDIENTS

- . 1 carrot, *peeled and finely chopped*
- . 2 Tbsp olive oil
- . 250 ml double cream
- . Cheddar or Parmesan cheese, *grated, approx 2 handfuls*
- . 1 lemon, *juiced*
- . 6 potatoes, *peeled and diced into 2.5cm chunks*
- . 1 onion, *peeled and finely diced*
- . 1 heaped tsp English mustard
- . 1 large handful of fresh flat-leaf parsley
- . 450 g seafood (*marinara mix or any type of fish*)
- . 2 large handfuls spinach
- . Sea salt & pepper, *to taste*

### Fish Pie (a Mussger/O'Brien 'go to' and school catering menu item) by Rita



#### METHOD

1. Preheat the oven to 200°C.
2. Place the potatoes into boiling salted water and bring back to the boil for 2 minutes.
3. Steam the spinach in a colander. When the spinach is done, remove from the colander and gently squeeze out any excess moisture.
4. Drain the potatoes in the colander.
5. In a separate pan, slowly fry the onion and carrot in a little oil for about 5 minutes, then add the double cream and bring just to the boil.
6. Remove from the heat and add the cheese, then squeeze in the lemon juice and stir through the mustard.
7. Pick and finely chop the parsley and stir into the cream mixture.
8. Add the seafood then place in a baking dish with the spinach and mix together, pouring over the creamy vegetable sauce.
9. The cooked potatoes should be drained and mashed – add a bit of oil, sea salt and black pepper. Spread on top of the seafood.
10. Place in the oven for 25 to 30 minutes, or until the potatoes are golden.

## Mypolonga Primary School Recipe Books

Did you know that for a number of years, the (formerly known as) Middle Primary class has put together a recipe book to sell in our School Shop? True and tried recipes were brought in from home and typed up by the students. Recipe themes include;

**Biscuits and Slices**

**Nothin' but Muffins**

**Apricot**

**Chocolate Lovers**

**Pot Luck**

**Lunchbox Ideas - Healthy Snacks**

**Let's Party! - Kid's Party Food Ideas**

**BBQ Salads and Starters**

**Food from Around the World**

**Oldies but Goodies - 100th Birthday**

**Walnut**

**Get your... Just Desserts!**

**Winter Warmers**

**Collection of Cookies**

**Christmas**

Each time a new recipe book was created, a book launch was held, with students and parent volunteers making some of the recipes for our tourists to try. Please contact Necia if you would like to view our entire recipe book collection! They are on sale for \$5.00 each, with proceeds going back to the school. Pictured right; Lila, Dom and Blake with a selection of the recipe books.



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