MYPO NEWS

Mypolonga Primary School & Community Newsletter

"If you are planning for a year, sow rice; if you are planning for a decade, plant trees; if you are planning for a lifetime, educate children." ~ Chinese Proverb ~

Term 2, Week 2 4th May 2020

Happy birthday...

- 1/5 Heath (Year 7)
- 1/5 Samuel (Year 3)
- 4/5 Imogen (Reception)
- 7/5 Ellie (Year 6)
- 7/5 Azalea (Year 2)
- 18/5 Jesse (Year 3)

School Hats

In accordance with our SunSmart policy, students are not required to wear school hats during Term 2. This follows guidelines in Cancer Council's recommendations about balancing the harms and benefits of sun exposure. Depending on school activities, UV levels should also be monitored during the month of May and sun protection recommended on those days when the UV is 3 and above. Over the last couple of days, we asked all attending students to take their hats home to be washed and repaired (if necessary). Hats are to be returned to your child's classroom locker for safe keeping until Term 3. New bucket hats in sizes S/M/L can be purchased from the office for \$7.40.

Drink Bottles

We have also sent home with attending students all drink bottles to be washed. When returned, please ensure the bottles are labelled or named using a permanent marker with your child's name on it.

School Jumpers/Jackets

With the cooler weather now here, a reminder that school jumpers/jackets can be purchased from Intersport (Marketplace Murray Bridge) or Red Dragon Embroidery (Mannum Road).

Please ensure all jackets/jumpers are labelled with your child's name on them. Again, black and white permanent markers are available to borrow from the office.

* Parents/caregivers with students learning from home.. if you would like a printed newsletter at a later date, please just let me know. Thanks, Necia :)

We Roar as One!

As parents, you have been bombarded by conflicting information from a variety of sources, over the past month and we understand how hard it has been for you to decide what is best for your family. The conflicting information from state and federal jurisdictions has confused and caused anxiety for parents and teachers. Whatever decision you have made is the right one.

However, we cannot let our guard down and need to keep in place the social distancing and hygiene processes, for some time still. The minute our community becomes complacent, the virus could return.

Firstly, I want to thank our school community for how well you have embraced the challenges the virus has thrown at us. Every concept of social distancing is totally foreign to everything we, at Mypo, believe as educators. Thank you all for respecting the constraints this virus has caused and following all the rules we have in place. I know it's hard, especially for the parents of very young children, but for the time being, this is our new normal.

I cannot speak more highly of the work our teachers have put in to deliver in-school and at-home learning. They have thrown themselves, feet-first, into a whole new way of working and I am so impressed by what I have observed. With so many families now sending their children to school, it has become harder for teachers to maintain home contact as regularly as they would have been able, with smaller numbers at school.

I also am so proud of our kids who have returned to a wet and wintery term, ready to learn and putting in maximum effort to follow social distancing and hygiene practices. The vibe in classrooms has been really good. We are also wanting to give our kids, both at school and at home, something to look forward to, (given, so many school traditions have been cancelled) and I love the FRI'YAY' initiative both school and home students can take part in.

Our kids are seeing history being created around them. Their resilience is a testament to the way you have all dealt with this crisis and we will continue to make sure all learners, whether at school or at home are challenged but safe.

Warm Regards, Rita





Government of South Australia Department for Education



Happy Mother's Day to all our Mums for this Sunday 10th May 2020!



WHEN YOU THOUGHT I WASN'T LOOKING

When you thought I wasn't looking I saw you hang my first painting on the refrigerator, and I immediately wanted to paint another one.

When you thought I wasn't looking I saw you feed a stray cat, and I learned that it was good to be kind to animals.

When you thought I wasn't looking I saw you make my favourite cake for me, and I learned that the little things can be the special things in life.

When you thought I wasn't looking I heard you say a prayer, and I knew that there is a God I could always talk to, and I learned to trust in Him.

When you thought I wasn't looking I saw you make a meal and take it to a friend who was sick, and I learned that we all have to help take care of each other.

When you thought I wasn't looking I saw you take care of our house and everyone in it, and I learned we have to take care of what we are given.

When you thought I wasn't looking I saw how you handled your responsibilities, even when you didn't feel good, and I learned that I would have to be responsible when I grow up.

When you thought I wasn't looking I saw tears come from your eyes, and I learned that sometimes things hurt, but it's all right to cry.

When you thought I wasn't looking I saw that you cared, and I wanted to be everything that I could be.

When you thought I wasn't looking I learned most of life's lessons that I need to know to be a good and productive person when I grow up.

When you thought I wasn't looking I looked at you and wanted to say,' Thanks for all the things I saw when you thought I wasn't looking.'

We are sending this to all of the people we know who do so much for others, but think that no one ever sees. LITTLE EYES SEE A LOT !

Each of us (parent, caregiver, grandparent, aunt, uncle, teacher, friend) influences the life of a child.

Staying Connected during COVID-19

Our family and friends are so important to us and during this time, we are realising just how important they are!!! So it goes without saying that we need to make sure we stay connected with our loved ones and the special people in our lives.

Having social support is related to psychological well-being, meaning that the more a person feels he has friends and family who are there for him, the less likely he is to feel sad and anxious. Social support is vital for life success.

Our home learners have been encouraged to add in a time slot to their day where they connect with a family member or a friend.

The Upper Primary students have organised Google Meets with their home schoolers. This is really important and the kids have loved it. The longer a student is away from school, the more anxious they may feel about returning. By keeping in touch with their friends, it is hoped that this transition will be a lot easier.

*Reach out and call someone you haven't seen or spoken to for a while. It makes you feel good and they feel good, what a great outcome!

#wereallinthistogether Cheers, Kerry



Google Meets... Jorja keeping in touch from home with Shelby, Ava and Matilda at school

Keeping in touch.. Brady, Judd and Lyam with James at home

Introducing House Leader for Finnis...

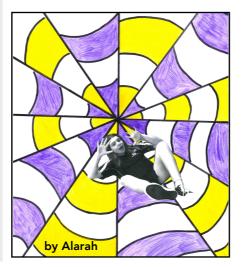
Jacinta Clark

As a leader of my house team, I hope to... help lead our team to victory!

I think a good leader... is someone who respects their team and listens to others.

The best thing about being a leader is... getting to know everyone better.

Someone I think is a great leader is... Dad... because he makes sure things are fair for everyone.





OPTICAL ILLUSION ART ~ Upper Primary

The focus on this piece of art was the element of line. Students created their optical illusion art and added a dramatic photo to finish it off. They look fantastic!

Blowing bubbles was a highlight last Tuesday afternoon with Mrs Lienert and the Reception students. Look at all the colours of the rainbow Vann, Imogen and Zakariyah found!



During Term 2, the Middle Primary Black class, with Mrs Wagenknecht, are learning about special German celebrations. The topic last week was about New Year's. They learnt German words associated with food and specific activities. Like Australia, they also celebrate with fireworks. The students used oil pastels to design their own water reflected New Year's Eve fireworks extravaganza.

Below.. Das Feuerwerk by (from left) Pippa Smith, Lachlan Ash and Willow Cazzolato







The Upper Primary unit learnt about Asia in Geography in Term 1.

Brandan Pahl enlarged a map of Asia by drawing a grid on a small map, and then creating a bigger grid onto which he copied the map. The enlargement looks stunning. He then, enlarged a map of China as well.

Critical curiosity at its best! Pictured right; Hayden, Brandan & Levi.





We may not be able to provide you with a term planner at this stage BUT WE CAN provide you with some delicious, healthy, true and tried recipes made by our staff during the holidays! We hope you enjoy them as much as they did!

BROCCOMOLE DIP (a little twist on a standard guacamole)

INGREDIENTS

(Makes 2 servings) 200g broccoli, cut into florets 1 medium (70g) wholemeal pita pocket, cut into triangles ½ avocado, mashed 1 spring onion, finely sliced 4 sprigs of fresh coriander, chopped 50g cherry tomatoes, chopped 2 tsp lime juice Salt & pepper, to taste 4 mini Lebanese cucumbers, quartered 50g cherry tomatoes halved, to serve

by Necia (taken from Centr program)



METHOD

- 1. Preheat oven to 180 degrees.
- 2. Cook broccoli in a saucepan of boiling salted water for 3-4 minutes until just tender.
- 3. Place pita bread onto a baking tray and bake for 4-5 minutes until golden. Set aside to cool.
- 4. Place drained broccoli in a food processor and blend until smooth. Transfer to a plate and spread out to cool.
- 5. Combine avocado, onion, coriander, chopped tomato, lime juice and cooled broccoli in a bowl and adjust seasoning.
- 6. Serve broccomole with pita chips, cucumbers and extra cherry tomatoes.

DATE SLICE (with Rice Bubbles ~ fun & nutritious!)

by Sharon

INGREDIENTS

(Makes approx. 20 squares) 225g (8 oz) dates 1⁄2 cup sugar, optional (can substitute for Natvia or other healthy sugar substitute) 115g (4 oz) butter 4 cups Rice Bubbles



METHOD

- 1. Place dates, sugar and butter in saucepan and boil until mushy.
- 2. Let cool and add Rice Bubbles. Press firmly in a greased, slice tray and refrigerate.
- 3. Cut into squares.
- 4. Enjoy!

PEAR, ROCKET & WALNUT SNACK SALAD (a family favourite!)

by Annie

INGREDIENTS

(Makes 6 servings) 1 ½ medium pears, sliced (300 grams) 6 cups rocket lettuce (180 grams) ½ cup walnuts, chopped (60 grams) ¾ red onion, thinly sliced (75 grams) 1 ½ tbsp extra virgin olive oil (30 mls)

1 ¹/₂ tbsp lemon juice (30 mls)



METHOD

- 1. Combine pear, rocket, walnuts and onion in a bowl.
- 2. Whisk together olive oil and lemon juice and pour over salad to serve.

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