

MYPO NEWS

Mypolonga Primary School & Community Newsletter

**"COURAGE doesn't mean you DON'T GET AFRAID
COURAGE means you DON'T LET FEAR STOP YOU."**

~ Bethany Meilani Hamilton-Dirks is an American professional surfer who survived a 2003 shark attack in which her left arm was bitten off but who ultimately returned to professional surfing. ~

Term 4, Week 6 18th November 2019

Term 4 2019 Assembly Roster

Week 6 - **No Assembly**

Week 7 - Jayden Ladson, Elouise Kuhn, Brady Roden

Happy birthday!

20/11 - Xalia (Year 1)
23/11 - Bella (Year 3)
26/11 - Seth (Year 2)
27/11 - Charlotte (Year 1)
28/11 - Koby (Year 6)
28/11 - Laycie (Reception)
29/11 - Pheonix (Year 1)
30/11 - Riley (Year 6)
2/12 - Craig (Year 7)

Mypolonga Primary School Concert

**Monday 9th December 2019
from 6:30pm**

Unity College Steeple, Murray Bridge

**Tickets will be available to purchase from the school
office from 8:30am**

**Monday 18th November 2019
\$5.00 per seat**

**(For further information, please refer to the note
enclosed in the last newsletter and sent to families
via email)**

Reminders for the week ahead

- . Due to **White Ribbon Day** this Friday (22nd November 2019), our school shop will not be opening and there will be no JP enterprise or school assembly held.
- . **Casual Day this Wednesday** (20/11/19). Your gold coin donation will support the Daniel Morcombe Foundation. Please wear a 'splash' of red or white!

Notes to be returned

- . 2019 Magazine order form and payment (due 22/11/19)
- . Junior Primary 1/2 class - Premier's Be Active Challenge Reception consent form (due 18/11/19)



Government of South Australia
Department for Education

We Roar as One!

As we approach the end of the year, we are going full-steam ahead with lots of learning and celebrations. During Week 4, after three exhausting days on camp, the Upper Primary students, watched by their proud families, graduated from Children's University at Adelaide University's Bonython Hall. Students needed to complete a minimum of 30 hours of outside-of-school learning. There were lots of learning destinations students could visit during the year.



Camps are now done and dusted for another year. I want to congratulate the staff (especially those with young families at home) for going above and beyond to offer camps for our students. I was really pleased to hear feedback about the behaviour and engagement of our students, which makes it all worthwhile.

On Wednesday, we had a whole school meeting about our no bins policy. We discussed the pros and cons of the trial and then voted on whether we should continue to not put out our bins. Students overwhelmingly voted to continue, citing the decrease in waste going to landfill and into our waterways as the main reason. Students who voted against the motion cited their reason as that we were just transferring waste from school to home. We then had a discussion, about waste minimisation: for example, buying a big packet of chips and then transferring them into a reusable container each day will create waste of only one big bag; not one big bag and twelve little ones.

Local history needs to be collated and documented. On Sunday, I was honoured to be invited to MC the opening of the Mypolonga Institute Heritage Brick Paver Path. The Mayor, Brenton Lewis spoke in a heart-felt manner about our community. I was especially proud to be able to acknowledge the work that Irene Hughes, former SSO at our school, and David's mum and Annie's mum-in-law, has done to contribute to the documentation of Mypolonga history.

The stories she has compiled, supported by other volunteers from the Mypolonga Museum History Group are used to help us design our history curriculum, in the early years, to support history learning. I was so proud to see so many young families bringing their kids to celebrate our history. When I saw the pavers (which are engraved with historic family names), I was very moved, but I am also proud of how a new generation of families from outside of Mypo are willing to contribute to our history. History evolves and we are all a part of it.

Warm Regards, Rita

Class Awards - Term 4 Week 3

Junior Primary Class

Tilly Harrowfield - for being such a resilient Tiger.

Oliver North - for always showing his kindness to others in the class.

Junior Primary 1 Class

Mia Rathjen - for putting in lots of effort in all areas.

Winchester Hollitt - for trying really hard to get all his work done.

Lower Middle Primary Class

Charlotte Ladson - outstanding effort in Science homework.

Danté Sandercock - excellent skills and engagement in Financial Literacy.

Middle Primary Class

Reagan Martin - always looking out for others and being an excellent role model.

Ella O'Shea-Coulter - showing restraint and creativity during Art.

Upper Primary Class

Judd Ruckenstuhl, Heath Matheson, James Mueller, Jayden Ladson, Shaylee Martin, Jacinta Clark, Drew Bettcher, James-Noah Peterson, Hayden Dahlitz, Rhea Kempe, Zac Kennison, Ben Stewart, Craig Gillett, Jessica, Autumn Stapleton - for showing great leadership in volunteering to help during Oktoberfest.

Photos below: Junior Primary R/1/2
Douglas Scrub, McLaren Vale Camp



*** Further photos of all camps will be included in our 2019 magazine. Order yours today!*

Wellbeing Wonders

10 Ways to Teach Kids to Have a Growth Mindset

Ideas taken from article by Sue Lively

'Did you know that you can actually help your kids get smarter?

Teaching kids about "Growth Mindset" can help them become better learners, more persistent, more intelligent and resilient overall!'

Each fortnight, I will include an easy tip from the above article to teach your child to have a growth mindset and you will be well on the way to helping your child be the best person they can be! For each tip Sue recommends picture books which I will also include to reinforce the concept.

#5 Recognise effort over success

Instead of focusing your attention on the times when your child is successful, recognise the times when they are putting effort into what they are doing. After all, no one can control whether they are successful or not. All they can do is try. So, if you recognise your child's efforts, win or lose, they will come to understand that what is important is their effort. This kind of recognition promotes an internal sense of self-efficacy. In other words, your child will come to believe that her successes are due to her level of effort (which she can control), rather than an innate level of talent or skill (that she can't control).

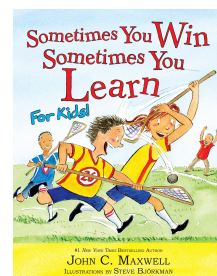
Additionally, recognising effort is not just helpful for kids who struggle. It is also helpful for kids who achieve success easily because it pushes them to continue challenging themselves.

A book to help.....**Sometimes You Win-Sometimes You Learn for Kids** by John C. Maxwell

When Wendy and Wade lose their Wobbleball game, their grandfather helps them realise that important lessons are learned from losses. The kids learn about setting goals for improvement, and the importance of persistence and effort in success. A great book to start conversations about the importance of failures. Winning takes effort, this much you will see. What you learn from your loss can bring victory!

This is so important, we are not all going to be great at everything, but we can TRY!

Cheers, Kerry, Wellbeing Leader



Junior Primary R/1/2 Douglas Scrub, McLaren Vale Camp

Our Reception-Year 2 classes recently went on camp to Douglas Scrub Campsite near McLaren Vale. Activities included; building tree teepees, a wild critter hunt, an obstacle course, nature scavenger hunt and team challenges. The children worked so hard to raise money during our enterprise program this year to help reduce camp costs and they all enjoyed challenging themselves with new experiences.

Upper Primary West Beach Camp

Our Year 6/7 students had a memorable camp in Adelaide, while they stayed for two nights at the West Beach Caravan Park. They enjoyed learning to surf, a visit to the Glenelg Discovery Centre, the Centre of Democracy, AFL Max, mini golf, a trip to Harbour Town, SA Museum, learned more about Remembrance Day and monuments on North Terrace, and competed in the 'Most Interesting Platter' competition with Central Market shopping!



From the Proud Mary...

'Dear Rita, As I sit out the front of your terrific school as part of the Proud Mary Tour Group, I would like to congratulate not only yourself and your staff but the wonderful children at the school. Friendly, articulate and engaging, the type of people our future generation needs. Being in sales myself, and also having to engage with groups in public speaking and presentation, it is very refreshing to see the program you have running. Although all the kids did a great job, please pass on to Ava (Lindner) that her manner and presentation was excellent. Kind Regards, Lee Mulvey'



Congratulations

Congratulations to Lorraine Leonard and Andrew Hanks on the safe arrival of their son Zaiden Hanks. Zaiden was born on 11th November 2019 and is a little brother to Carla (Year 2) and Della (preschool).

Week 5 - What a week!

Week 5 was certainly a busy one! On Wednesday, we celebrated PE Week. To highlight the importance of leading healthy and active lives, all classes took part in a range of activities that prompt healthy lifestyles. Students were asked to wear something sporty and we certainly covered a LOT of sporting codes! To coincide with PE week, our students received their medals for participating in the Premier's Be Active Challenge. Our JP1 students will be attending a Reception in Adelaide this week, after being selected as one of 50 high achieving schools!

On Wednesday, Graham and Alli from Mannum Dental Surgery ran a dental hygiene workshop to teach our students how to keep their teeth clean and healthy. Students were very excited to receive new toothbrushes to keep up with their dental hygiene!



Introducing SRC Year 7 Leader... Rhiannon Bowley

As an SRC leader, I hope to... work collaboratively with other SRC members to make our already amazing school even better.

Something you don't know about me is... I own 3 horses, 2 dogs, 2 cats, 1 sheep, 1 rabbit and 2 fish.

I read... action novels.

I watch... reality TV shows.

I listen to... music on the radio.

One day I hope to... open my own vet clinic and have a family.

If I could change something in the world, I would... stop animal cruelty.

The best thing about Mypolonga Primary School is... we are involved with the community and everyone encourages and helps each other.

Someone I really look up to is... my mum **because** she is one of the strongest people I know and encourages me to get up every day and have a positive outlook on life, no matter what happens.



UNSW Global 2019 ICAS Assessments

Congratulations to the following students on their fantastic achievements in the recent ICAS Assessments. The Maths and Science Assessments were carried out online in September.

Maths

Danté Sandercock (Year 3) **Distinction**

Linx Baker (Year 7) **Credit**

Braeden Watts (Year 5) **Credit**

Ariel Challenger (Year 5) **Credit**

Mikaela Watts (Year 3) **Credit**

Jade Burgess (Year 7) **Merit**

Charlotte Pahl (Year 3) **Merit**

Science

Lilly Lear (Year 3) **Credit**

Linton Garner (Year 4) **Merit**

Hayden Dahlitz (Year 6) **Merit**

Linx Baker (Year 7) **Merit**

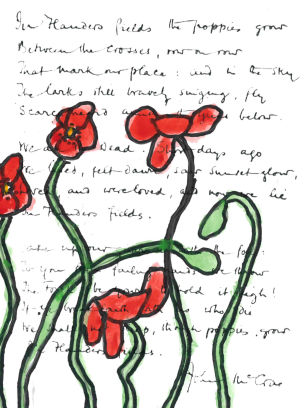


Remembrance Day 11/11/19

Leading up to Remembrance Day, students learnt about its importance and the effect it had, and continues to have, on our lives. They also learnt about the origin of the poppy symbol and completed artworks. A selection of artwork is featured here and is on display in the classrooms and school office.

Artwork by Haydn Castle

In Flanders Fields



In Flanders Fields: Reflection

by Alarah Sipsos

How does this poem make you feel? Why?

Sad because it talks about where the soldiers were and about them dying.

What line of the poem do you think is the most powerful, or impacts the reader the most?

Short days ago we lived, felt down, saw sunset glow.



Why do you think that this poem is often read on Remembrance Day?

Because it's all about the soldiers and that's what Remembrance Day is about ~ the soldiers who fought for us.



Planner - Term 4 2019

MCSC - Mypolonga Combined Sports Club / MFC - Mypolonga Football Club / MBHS - Murray Bridge High School / MNLC - Mypolonga Netball League Club / MCC - Mypolonga Cricket Club / SVA - Social Ventures Australia / YEL - Young Environmental Leaders

Week 6	18/11 . Newsletter	19/11 . Playgroup . LMP enterprise recess	20/11 . MP enterprise lunch . SRC Casual Day	21/11 . JP1 enterprise lunch	22/11 . White Ribbon Day in Murray Bridge . NO JP enterprise recess . No Shop . No Assembly	23/11 & 24/11
Week 7  Last week of class enterprise	25/11 . 7:00pm Finance meeting . 7:30pm Governing Council meeting	26/11 . Playgroup . LMP enterprise recess	27/11 . MP enterprise lunch	28/11 . JP1 enterprise lunch	29/11 . JP enterprise recess . 3:00pm Assembly . Mypolonga Football Club AGM Juniors 6:00pm / Seniors 7:00pm	30/11 & 1/12
Week 8	2/12 . Newsletter	3/12 . FINAL Playgroup for the year	4/12 . Whole school concert full dress rehearsal @ the Mypolonga Institute (closed rehearsal for students only)	5/12 . Whole school transition to next year's classes . Yr 7 transition @ MBHS	6/12 . Premier's Reading Challenge Recess Party . LAST Shop for the year . 3:00pm Assembly . 6:30pm MCSC Friday night tea	7/12 & 8/12
Week 9	9/12 Concert Rehearsal & 6:30pm School Concert @ Unity College 	10/12	11/12 . 6:30pm Year 7 Graduation @ the Mypolonga Combined Sports' Club	12/12 . 2:30pm Assembly at the Mypolonga Combined Sports' Club (inc presentation of term and year awards) . Dismissal from the MCSC @ 3:25pm . Newsletter	13/12 . Last Day of the school year . SRC Fun Day - dismissal 2:25pm @ the Murray Bridge Swimming Pool . No Assembly	14/12 & 15/12 . Mypo RSL Christmas party

Community News

Mypolonga Football Club

. **AGM** Friday 29th November 2019 - Juniors from 6:00pm / Seniors from approximately 7:00pm.

. **Junior Coaches** MFC are seeking applications for coaches for the following junior grades; Under 7s, Under 9s, Under 11s and Under 13s. If you are interested and feel you have the skills to help the future players of the club, please email your application to secretary@mypolongafc.com.au by 30/11/19.

. **New Year's Eve Party @ the Club** Save the Date! Tuesday 31st December 2019. Further details to follow in coming weeks!

Mypolonga Combined Sports' Club - Next **Friday Night tea**: 6:30pm Friday 6th December 2019. All welcome!

Mypolonga RSL Christmas Party 2019 - Save the Date! Saturday 14th December 2019

All primary school aged children and their families welcome! Commences at approximately 6:00pm. Father Christmas will make an appearance during the evening. Families are kindly asked to bring along a salad to share. Further details will be provided in due course.

Mypolonga Cricket Club Christmas Show 2019 - Save the Date! Saturday 21st December 2019

Meals available from 6:30pm. Father Christmas will make a special appearance at approximately 8:30pm. Further details and menu to follow at a later date. Details will also be posted on the Mypolonga Cricket Club Facebook page.

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