

# MYPO NEWS

## Mypolonga Primary School & Community Newsletter

*"Those who bring sunshine to the lives of others cannot keep it from themselves."*

*Sir James Matthew Barrie, 1st Baronet, OM was a Scottish novelist and playwright,  
best remembered today as the creator of Peter Pan.*

Term 2, Week 4 21st May 2018

### Term 2 Assembly Roster

Week 4 - Erin McDonald, Koby Stimpson,  
Haydn Castle  
Week 5 - Mitchell Pahl, Autumn Stapleton,  
Ledja Gray

### Happy Birthday!

25/5 - Kiarra (Year 7)  
28/5 - Mackenzie (Year 7)  
4/6 - Shayla (Reception)

### Literacy Cup Results (end of Wk 3 Term 2 and progressive total)

Blue (Hindmarsh) 55/1293 points  
Red (Murray) 47/1106 points  
Gold (Finnis) 54/1066 points

### Australia's Biggest Morning Tea

A reminder that we are holding our Biggest Morning Tea in conjunction with our SRC casual day tomorrow (Tuesday 22nd May 2018).

Students are kindly asked to bring along a gold coin donation with a small plate of food to share for recess (boys/savoury - girls/sweets). Sorry, there will be no heating of food.

Students may like to wear Cancer Council colours (blue or yellow) to show their support for the cause. The first of our basketball clinics will be held tomorrow, so please be mindful of appropriate footwear and casual clothing for the day.

All money raised will go towards the Cancer Council.

Thanks for your support!  
Erin & Jackson, SRC Leaders  
Jo Wagenknecht (Biggest Morning Tea Coordinator)



Government of South Australia  
Department for Education

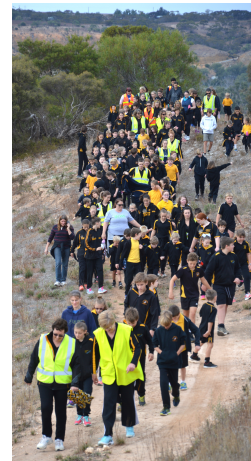
### We Roar As One!

NAPLAN is done and dusted for another year. Well done to everyone who took part with such positive attitudes. Commiserations to Leah Ferguson, who dislocated her knee on the morning of the maths test. Leah was desperate to do the test, to show how much she had improved in maths since moving to Mypo, but instead had to spend the time in an ambulance. Luckily, we always have a Plan B!

We took our Upper Primary class to see the dress rehearsal of 'Annie' by MBHS students at the Town Hall on Wednesday. It was most impressive and I was so proud of former students Holly Rathjen and Madison Kruschel who flew the TIGER flag high. Band members (and former students) Zac Wachtel and Jordan Holmes also contributed to the professional production. We were all astounded by the quality of the performances and congratulate everyone who was involved.

Thank you to everyone who participated in our school review. The team was very impressed by how articulate our kids were. Initial feedback has been very positive and Simon, the head of the review team, reported that he was so infected by the TIGER bug that he went to work the next day wearing black and gold. When the review is finalised, the report will be on our website.

One of the best ways to improve the oral language of students is when less advanced language users interact with more advanced language users. To that end, we have formed cross-age groupings to enable our students to not only engage in reading and talking but to build close relationships. On Friday, as part of walk to school and outdoor classroom day, our students (with Anne Martin at the helm, just like the good old days), with parents and grandparents, walked around Mypo to see local landmarks. On their return, they stayed in their groups, and read poems by Ken Nesbitt, which were very funny but language-rich. There was a wonderful atmosphere with students having a great time.



Who's the wood duck?... We have had a really hectic term with lots going on. However, I'm not sure if that's a good enough excuse! This term on Fridays, our enterprise lunch is toasted sandwiches. Which teacher went shopping on Friday morning and bought sausages – last term's enterprise lunch? (Hint: First name starts with A, last name starts with S).

Warm Regards, Rita

## Class Awards - Term 2 Week 2

### Junior Primary Class

**Charlotte Pope** - for making positive choices in her learning.

**Madison Brouwer** - for always being a great role model for others in the class.

### Junior Primary 1 Class

**Scarlett Perry** - using her TIGER values every day and working her way up to 'Stan' this week.

**Bella Pope** - for always encouraging her classmates.

### Lower Middle Primary Class

**Fred Schillier** - sharing his interest in our Science topic.

**Haiden Squire** - working hard to improve his exposition.

### Middle Primary Class

**Autumn Stapleton** - excellent participation in music.

**Ellie Pontt** - confident and helpful in the kitchen during SAKG.

### Upper Primary Class

**Ryder Egel** - for making mature decisions to benefit his learning.

**Harry Stone** - for making mature decisions about how to manage group tasks.

## SAASPC

Our school is affiliated with the South Australian Association of School Parent Communities (SAASPC). SAASPC is a statewide association and a strong and committed supporter of public education. Their Officers are dedicated volunteers, who assist and support parent groups and parents within government schools. This includes running information sessions and providing useful resources to parents.

As part of our affiliation, we also receive a copy of their quarterly magazine 'Parents Say', which includes useful articles and advertising on a variety of parent related issues.

Further information, links to other organisations and the quarterly SAASPC magazine 'Parents Say' can be found on their website [www.saaspc.org.au/](http://www.saaspc.org.au/)



## Wellbeing Wonders

### Born to worry – Parenting Ideas

Following on from our last newsletter, here are the final two great ideas on ways to respond rather than react to your child's anxiety. Remember you can access the full course online if you wish. Details below.

#### 2. Validate their feeling

Empathise, rather than sympathise with your child's feelings of anxiety.

"Ah, I get it. You're worried about that test tomorrow. That's understandable." There is nothing better than being understood by a trusted adult when you are genuinely worried about something. You don't have to wallow in it with them, nor should you brush it aside. Letting your child know that you 'get it' is a huge relief when they are overcome by worry.

#### 3. Remind them to breathe

In the moment of anxiety most kids forget to breathe. Their shoulders tense up and their breath tightens, which is fight-flight response to stress at play (we teach this in our Parenting Anxious Kids course). Deep breathing dissipates the fight-flight response and alleviates those awful feelings that come with anxiousness. When your child is stressed remind him or her to breathe. "Let's take 3 deep breaths together." I recommend that your kids practise deep breathing when they aren't stressed so it comes naturally to them when they are overwhelmed.

It's not that worriers and naturally anxious kids can't function well. They generally over-function as they come to grips with their anxieties. But anxious kids can be unhappy kids and can also be hard to live with. They can also make difficult partners and friends as adults. This makes childhood the perfect time for parents and teachers to give natural born worriers some tools and strategies to help them live their life in full colour both now and, importantly, in the future.

Get a full blueprint for helping kids manage their anxiety in our new Parenting Anxious Kids online course.

<https://www.parentingideas.com.au/product/parenting-anxious-kids-online-course/>

Cheers, Kerry

## Premier's Reading Challenge

The 2018 Premier's Reading Challenge is well underway! All students are recording the books they have read on a record sheet. Teachers, SSOs and parent helpers are chatting with them about the books to establish that they have comprehended the story.

It is a requirement that to finish the Challenge, a student reads a minimum of 8 books from the Premier's list, and 4 books of their own choice. Please help younger students to read their library books in order for them to successfully complete the Challenge. The Challenge will finish on 7th September 2018.



### Future enrolments

We are currently updating our database of future enrolments.

To assist us with keeping accurate records, and to enable us to project future class sizes and staff allocations, we would appreciate it if you could contact Necia on 85354191 or email [info@mypolongaps.sa.edu.au](mailto:info@mypolongaps.sa.edu.au) to check whether your child is currently on our future enrolment list (especially for 2019). This includes siblings of students who are already enrolled and have Mypolonga Primary School as their school of right.

We look forward to hearing from you!

### 'Tiger' accessories for winter

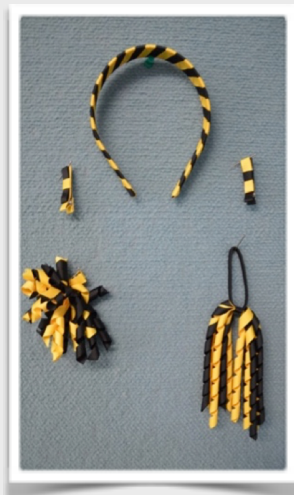
Black and gold 'Tiger' accessories can be purchased from Impress Promotions (Adelaide Road, Murray Bridge). Call in and see Stuart / Samantha to purchase...

- . Black & gold striped scarves with the wording 'Tigers' - \$20.00 each
- . Black beanies with the wording 'Tigers' - \$13.95 each

### Hair Accessories Order

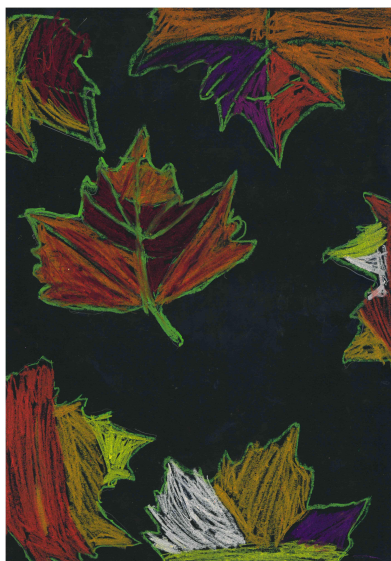
At the end of this week (Friday 25th May 2018), we will be placing a hair accessories order with our supplier in Adelaide. If you are interested in purchasing any items (pictured below and available for viewing in the office), please call in and see Necia. Payment is required at the time of ordering.

- . Headbands (2.5cm wide) - \$10.00
- . Curly ribbons on clip - \$4.00
- . Curly ribbons on hair tie - \$4.00
- . Clips - \$2.00



### Lower Middle Primary Art - Autumn

by Kallan Hearne & Matilda Stone



### Governing Council Capers

Every 4 years, schools in South Australia are reviewed, and the past few weeks has been our turn! Phil the Principal of Highgate Primary School and Simon of the External Review Team had 3 focus areas, but before they began they realised one of these our 'Student Voice' already had enough evidence. We should be very proud of this. The other areas were about how effective our self-review process in informing and shaping improvement, and the other is to what extent is assessment and planning used to inform curriculum planning and instruction. In addition to Governing Council being interviewed, the panel also spoke to 5 groups of 8 children, teachers, SSOs and various other parents and grandparents. Thanks to all involved, but special acknowledgement of the outstanding effort in gathering data and demonstration of leadership by our Principal Rita O'Brien during this review. Our vision was well represented and a report from the review team will be available in 8 weeks and will be uploaded to our website.

Looking ahead, a tree audit has been done on the school with a report some of our ageing trees need removal and replacement. Our two project focus areas are enclosing the finance office and seeking an engineer's report for an area dividing the Upper Primary room. We adopted a camps and excursions policy and we reviewed our 5 year student number projections. With the election of the Liberal Government one of their policies was the transition of Year 7 from Primary School into High School. It won't happen straight away, but it will have a long term effect and we will keep you informed. Each meeting we hear from our sub committees of Finance, Sustainability, and Life Long Learning. We also have regular reports from Parents and Friends, SRC, Playgroup and a Staff report. Governing Council meets in Week 3 & 8 each term. In the coming newsletters we will profile each Governing Council member and we encourage you to keep in touch!

*Chairperson, Kelly Kuhn*



## Planner - Term 2

MCSC - Mypolonga Combined Sports Club / MFC - Mypolonga Football Club / MBHS - Murray Bridge High School / MNLC - Mypolonga Netball League Club / MCC - Mypolonga Cricket Club / SVA - Social Ventures Australia / YEL - Young Environmental Leaders

<b>Week 4</b>	<b>21/5</b> . Newsletter	<b>22/5</b> . Playgroup . LMP enterprise recess . Australia's Biggest Morning Tea . Basketball clinic (whole school)	<b>23/5</b> . MP enterprise lunch	<b>24/5</b> . Basketball clinic (UP class)	<b>25/5</b> . JP/JP1 enterprise lunch . 3:00pm Assembly	<b>26/5 &amp; 27/5</b> 26/5 - Round 8 RMFL/RMNA -v- Meningie @ Meningie 27/5 - RSL annual luncheon
<b>Week 5</b>	<b>28/5</b> . SAPSASA Football/ Netball (all week)	<b>29/5</b> . Playgroup . LMP enterprise recess . Year 7 students @ Unity College for Murraylands Middle Years conference . Science competition	<b>30/5</b> . MP enterprise lunch	<b>31/5</b>	<b>1/6</b> . JP/JP1 enterprise lunch . 3:00pm Assembly . 6:30pm MCSC tea	<b>2/6 &amp; 3/6</b> 2/6 - Round 9 RMFL/RMNA Mypolonga Bye
<b>Week 6</b>	<b>4/6</b> . Newsletter	<b>5/6</b> . Playgroup . LMP enterprise recess	<b>6/6</b> . MP enterprise lunch . 6:00pm-8:00pm Year 7 transition information night @ MBHS	<b>7/6</b>	<b>8/6</b> . JP/JP1 enterprise lunch . 3:00pm Assembly	<b>9/6 &amp; 10/6</b> 9/6 RMFL -v- Hills match
<b>Week 7</b>	<b>11/6</b> . Public Holiday	<b>12/6</b> . Playgroup . LMP enterprise recess . 3:35pm Sustainability meeting	<b>13/6</b> . MP enterprise lunch	<b>14/6</b>	<b>15/6</b> . JP/JP1 enterprise lunch . 3:00pm Assembly . Mypo RSL Bingo/ bbq tea 6:00pm tea / 7:15pm bingo	<b>16/6 &amp; 17/6</b> 16/6 - Round 10 RMFL/RMNA -v- Jervois @ Mypo

## Community News

## Nominations are now open for the 2018 Public Education Awards

Is there a staff member (Department for Education employee) you feel should be recognised for their outstanding work? Then nominate them for a Public Education Award! The Public Education Awards continue to provide a powerful and rewarding way to celebrate our diversity and excellence within the public education system. Nominations close Thursday 31st May 2018. For further information visit [www.education.sa.gov.au/awards](http://www.education.sa.gov.au/awards).

## NAB AFL Auskick

The NAB AFL Auskick program is tailored for students in Reception to Year 3. For further details visit <https://play.afl/auskick> and click 'Register' to find an Auskick Centre near you! Did you know Mypolonga Football Club is a registered Auskick Centre? If you require further details, please contact Mark Pahl on 0429881573. NAB AFL Auskick accepts ORS sports vouchers.. that's a \$50.00 discount on your registration fee!

## From Mypolonga Football Club's 90th birthday celebrations committee... (being held at the Mypolonga Combined Sports Club from Friday 29th June 2018 - Sunday 1st July 2018)

If any school families have **MFC junior team photos** at home, we would appreciate it if you could bring them in to the office so I can scan them to go towards our 'complete collection'. Also, we are kindly seeking donations towards our **Friday night tea** (ie. lettuces, tomatoes, cucumbers, coleslaw, plastic plates etc); or for the **Saturday afternoon tea** (eg. cheeses, dips, small goods, savoury biscuits, fruit, sandwiches etc). **Year 7 parents/caregivers...** We are currently looking for student volunteers to help at both functions ie. kitchen help, delivering platters etc. This would be a great opportunity for students' voluntary time to go towards their Children's University of Australia 'Passport to Learning', which records their individual learning journey. If you could please let me know if you or your child (Year 7 student) can help out in any way, please call into the office, phone or email me [info@mypolongaps.sa.edu.au](mailto:info@mypolongaps.sa.edu.au). Any help would be greatly appreciated! Thank you! Necia

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