Mypolonga Primary School & Community

Newsletter

6th November 2017 (Week 4 Term 4)

Term 4 2017 Assembly Roster Week 4 – William Schofield, Isla Gielen, Maddi Ray Week 5 – No assembly due to camps.

Happy Birthday

11/11 – Madalyn (Year 6) 11/11 – Matilda (Year 3) 14/11 – William (Year 6) 16/11 – Erin (Year 6)



Student Free Day

Monday 20th November 2017 (Week 6) The school will be closed on this day.

Enterprise Lunches in Week 5

Due to camps, there will be no enterprise <u>lunches</u> served in Week 5. Ice-creams will still be served on the Tuesday.

Camp Medication

Just a reminder that a *'Medical* Authorisation for School Staff to Administer Medication to Students' form **must** accompany <u>ALL</u> medication to be administered on camp. This excludes students with Asthma care plans, which have already been provided to the school. The form is available from the office or can be printed from our website. Please contact us if you have any queries.

Notes to be returned

Middle Primary students – Premier's Be Active reception attendance consent form & media consent form to be returned by Wednesday 8/11/17.









"When words fail, music speaks". ~ Shakespeare ~

Rita's Roar

Go Team Mypo!

We have once again been selected as one of the 50 highest achieving schools in the Premier's Be Active Challenge and are receiving a \$1000.00 grant. The Middle Primary class will attend a reception at Priceline Stadium to accept the grant and participate in Come and Try activities. Well done to Hailey Perry for coordinating this.

Also, congratulations to Henry Payne, who won the Under 13 State fencing championship on the weekend.

Surveys

Just a reminder that we are asking parents to complete opinion surveys, online, or in hard copy. So far, the participation rate has exceeded earlier years quite considerably. Well done.

Musica Viva

Last week, we were treated to a music workshop by 'The World According to James' followed by Mypo's Got Talent. Unfortunately, this date clashed with our partnership meeting, which I must attend. I was so disappointed, but Bill's joyous description of the day made me feel as if I had been there. Congratulations to everyone who performed. It takes a great deal of courage to get up in front of people and congratulations on the eventual winners, Harry and Matilda. All proceeds will be donated to Asthma SA on their behalf.

Kindness

We are having some issues around sportsmanship and kindness in the yard at recess and lunchtime. We have always prided ourselves on the way our students respect and interact with each other. For the rest of the term we are having a whole school focus on kindness, collaboration and sharing. Teachers on yard duty deal with injuries, while supervising parts of the yard. It is important that if students are having difficulties, that they report it to the teacher on duty. However, I will also point out that when we investigate incidents in the yard, rarely do we find them black and white issues. There usually tends to be contributing factors on both sides of the argument.

On a lighter note, the Uppers are going on camp this week, with the rest of the school going next week. I know how sad you all are at the thought of your children leaving, and I hope you don't miss them too much.

Warm Regards, Rita

Mypolonga Primary School & Community Newsletter

'From the Proud Mary...'



1st November 2017

Good morning Rita O'Brien

Last Friday, we visited your school with the Proud Mary group. We were extremely impressed with, firstly, the students who were very well mannered, spoke with confidence and showed a love for their school and what they have and are achieving.

This project is amazing and it teaches these children that to achieve in life, you need to plan and work whilst also teaching them about budgeting.

You and your teachers should be very proud of your students and thank you for allowing us this opportunity, which was one of the highlights of our holiday.

Kind Regards Cheryl & Lindsay Reynolds

Wellbeing Wonders



Over the final term, I am focussing on families... **Happiness** in particular. We are all so busy just trying to get through everyday, and we, as parents, want our children to be 'happy' but do you ever stop and ask yourself, "Am I happy?".

In the following newsletters, I will continue to include the eight surprisingly basic steps Kurtz says you can take to be happier in life.

3. Create and meet goals

"Having something positive to look forward to is important," Kurtz writes, as it creates an incentive to be rewarded. He says that creating and meeting goals, whether they are small or big goals, will encourage to continue setting further goals in the future.

4. Find fresh inspiration

It's easy to get caught up in your line of work and feel like that's all there is, Kurtz notes, so get out there and be inspired by the world.

"'Your thing' can start to feel like the 'only thing,' but there's just so much to experience, learn, or invest in," Kurtz writes.

To switch things up, Kurtz recommends travelling more, reading more or learning a new skill.

5. Enjoy nature

Kurtz puts out a gentle reminder to go out and soak in some sun.

"It's not all sunshine and rainbows," Kurtz writes, but scientifically speaking, he has a point.

Research shows that about half the world suffers from Vitamin D insufficiency, which can really take a toll on your overall health.

"As for rainbows, well, you've got to weather the storm first," Kurtz writes. "Hang in there."

Be Happy!





SAPSASA Cricket / Tennis



Congratulations to the following students on being selected in the Murraylands teams for the SAPSASA Cricket and Tennis State Carnivals.

Riley Walton (cricket), being held in Adelaide from $20^{\text{th}} - 23^{\text{rd}}$ November 2017.

Coen Martin (tennis), being held in Adelaide from $20^{th} - 24^{th}$ November 2017.

Good luck boys.. we look forward to hearing about your week!

Life Education

Recently, the Life Education van visited our school and presented age appropriate, curriculum based modules to all our students, which focused on issues around food and nutrition, personal safety, physical activity, cyber safety, safety with medicine and legal drugs; tobacco, alcohol and caffeine.

Modules provided by Life Education are designed to help children to develop relationship skills, positive communication (both face to face and online), problem solving and decision making skills. Students are given the opportunity to develop strategies, and practice the skills required to avoid the harms associated with an unhealthy lifestyle.

Life Education has also developed online parent resources and fun apps to support parents in the home. Please visit www.lifeeducation.org.au for further information.



SRC Bikeathon/Walkathon

On behalf of the SRC committee, we would like to thank you for your generous donations towards sponsoring our World Vision child Bryan from Bolivia, South America.

In total, we raised \$2322.00 and we would like to give a special thanks to Akira Harris, who raised the most with \$115.00, and to Mila Carstairs, Blake and Ethan Kennedy and Linton Garner who all raised over \$100.00. We would also like to thank all our parents and caregivers who helped out on the day.

Kind regards

Riley & Amber, on behalf of the SRC committee

Murray Mallee Regional Choir Performance

Congratulations to our school choir on their fantastic presentation at this year's Murray Mallee Regional Choir performance recently held at the Murray Bridge Town Hall.

We were so proud of all students who performed; our singers, soloists Rhiannon, Leroy & Reegan, compere Coen, assisting artists Henry (drums) and Clay (electric guitar) and dance troupe Jessica & Phebe.

Thanks also to Peta Davis for training our Choir so well.



P&F Christmas Fundraiser Raffle

On Friday, Christmas raffle tickets were sent home with the eldest in the family. Extra tickets can be obtained from the school office.



Please return the unsold or sold tickets with money to the office by Friday 24th November 2017.

Thanks for your support!

Tickets: \$1.00 each **Drawn:** Friday 8th December 2017 at the school concert

Congratulations

Congratulations to Morgan Pope and Michael Elliott on the safe arrival of *Evelyn Louise Elliott*, a little sister for Bella and Tegan in the Junior Primary 1 class.



Class Awards

Term 4 Week 2

Junior Primary class

Jackson Lear – for using positive strategies to improve learning time.

Luke Pontt – success in all learning areas.

Junior Primary 1 class

Charlotte Pahl – for putting in extra effort to everything she does. *Connor Fulwood* – for being confident with his genre

oral presentation.

Lower Middle Primary class

Ellie Pontt – improved understanding in money maths.

Leroy Rathjen – excellent performance in the Regional Choir.

Middle Primary class

Craig Gillett – for being enthusiastic in taking responsibility for his learning.

Rhiannon Bowley – outstanding narrator in the Regional Choir performance.

Upper Primary class

Leah Ferguson – for great communication in the Life Education van.

Amber Gielen – for excellent representation of Mypolonga at the STEM conference.

Mypo's Got Talent

Nine acts performed brilliantly at the Mypolonga Institute on Thursday before an audience of students, staff, parents, friends and family members. We were really proud of the way our students took themselves out of their comfort zone to sing, dance and perform in front of a large audience.

Well done to all our performers and congratulations to Harry and Matilda Stone who received the most money in their performance box for their acrobat/comedy act. In raising the most money, Harry and Matilda were recognised as the favourite act of the day, as voted by their fellow students. Through our students' generosity in donating their loose change to vote for their favourite act, a total of \$173.00 was raised for Harry and Matilda's chosen charity, The Asthma Foundation.

Pictured right.. our wonderful performers.

Further photos will appear in this year's school magazine!



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|--|--|--|--|---|---|---|
| MFC – Mypo | oolonga Combined Spo longa Football Club olonga Cricket Club | orts Club | Planning Calenda Term 4 2017 | | ypolonga Netball Le ver Murray Football | |
| 4 | 6/11 UP Camp (West Beach) Newsletter | 7/11 LMP enterprise recess (ice-cream in a cone) | 8/11 SLC MP enterprise lunch (salad rolls) | 9/11 | 10/11 JP/JP1 enterprise lunch (sausage in bread) 3:00pm Assembly | 11/11 & 12/11 |
| 5 No enterprise lunches served this week | 13/11 Be Active Challenge Reception (Middle Primary students) | 14/11 LMP enterprise recess (ice-cream in a cone) | 15/11 LMP/MP Camp (Aldinga Beach) No enterprise lunch | 16/11 JP/JP1 Camp (Adare) | 17/11 No enterprise lunch No Assembly 6:00pm Mypo RSL Bingo BBQ tea | 18/11 & 19/11 18/11 – Credit Unio Christmas Pageant |
| 6 | 20/11 Student Free Day (the school will be closed on this day) SAPSASA Tennis State - Carnival SAPSASA Cricket State Carnival | 21/11 LMP enterprise recess (ice-cream in a cone) Newsletter | 22/11 MP enterprise lunch (salad rolls) 10:30am Nature play consultation | 23/11 | 24/11 JP/JP1 enterprise lunch (sausage in bread) 3:00pm Assembly P&F Christmas raffle tickets due to be returned | 25/11 & 26/11 25/11 – Murray Bridge Christmas Pageant 26/11 – Ann Martin's Retirement Farewell (from 2:00pr at the MCS0 |
| 7 | 27/11 7:00pm Finance Meeting 7:30pm Governing Council meeting | 28/11 LMP enterprise recess (ice-cream in a cone) 3:35pm Sustainability Committee meeting | 29/11 SRC Casual Day MP enterprise lunch (salad rolls) | 30/11 | 1/12 JP/JP1 enterprise lunch (sausage in bread) final School Shop opening for 2017 3:00pm Assembly 6:00pm MCSC Friday Night | 2/12 & 3/12 |
| 8 Last week of class enterprise recess/lunch for the year | 4/12 Newsletter | 5/12 LMP enterprise recess (ice-cream in a cone) | 6/12 MP enterprise lunch (salad rolls) | 7/12 Whole School transition to next year's classes (inc Yr 7 transition @ MBHS) | tea 8/12 Full day concert rehearsal @ Unity College ★ School Concert No Assembly | 9/12 & 10/1 |
| 9 | 11/12 | 12/12 | 13/12 6:30pm Year 7 Graduation Dinner @ the Mypolonga Combined Sports' Club | 14/12 2:30pm Assembly at the Mypolonga Combined Sports' Club (inc presentation of term and year awards) | 15/12 Last day of Term 4 FUN DAY! Newsletter No Assembly 2:25pm Dismissal | 16/12 & 17/12 16/12 – Myr RSL Christmas party |

Mypolonga Football Club

Community News

AGM – Friday 24th November 2017 (time to be confirmed) at the Mypolonga Combined Sports' Club. Day at the Races – this year, Mypolonga Football Club, together with the Mypolonga Netball Club, will have a marquee at the Murray Bridge Christmas Race meeting on Sunday 3rd December 2017. Keep an eye on the Mypolonga Football Club Facebook page for further information!

Mypolonga Netball League Club

AGM – Friday 1st December 2017 @ 7:00pm at the Mypolonga Combined Sports' Club.

Mypolonga Progress Association

Meeting - Tuesday 21st November 2017 @ 7:00pm at the Mypolonga RSL Hall.

Mypolonga Primary School

Principal: Rita O'Brien





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