

Mypolonga Primary School & Community Newsletter



Australian Girls Choir Performance - 30/6/15
(see article page 3)

Teamwork
Integrity
Generosity of Spirit
Excellence
Respect

28th July 2015

**"You can't use up creativity.
The more you use, the more you have."**
~ Maya Angelou ~

Term 3 Assembly Roster

Week 2 - Kyly Reen, Samuel Montgomery-Pittaway, Jessica Deane
Week 3 - Holly Temby, Clay Burgess, Mitchell Pahl

Reminders

. 7:00pm Wednesday 29th July 2015
Sustainability Committee Meeting
. 7:45pm Wednesday 29th July 2015 **100th Birthday Committee Meeting**
. 7:00pm Monday 3rd August 2015 (Student Free Day) **Finance Committee Meeting**
. 7:30pm Monday 3rd August 2015 (Student Free Day) **Governing Council Meeting**

Happy Birthday

05/08 – Clay (Year 5)
09/08 – Jeremy (Year 4)



Upcoming Student Free Days

Monday 3rd August 2015
(the school will be closed on this day)

Woolworths Earn & Learn

Thanks to everyone who has commenced supporting this year's Earn & Learn program. Boxes to place your completed sticker cards and/or stickers in can be found in the school office, the Mypolonga General Store and both Woolworths Supermarkets in Murray Bridge.



Change to School Bus Run

Our school bus driver is unable to drive the school bus this **Wednesday morning 29th July 2015**. There will be no change to the afternoon bus run. We are kindly asking parents to make their own arrangements for their child's/ren's transport to school on this morning.

Early Departure of Students

When picking up students early from school, parents & caregivers are kindly reminded to first go to the school's front office, where the 'sign out' register needs to be completed. Office staff will then contact the classroom teacher to arrange for the student's departure. Thank you!

Rita's Roar

I am very proud to announce that Kim Polkinghorne has been appointed to Mypo as our permanent PE teacher. Since arriving on contract, Kim has built on the great start given to her by Marlene Newell and has made the position her own. Congratulations Kim and very well deserved!

School Shop in the Holidays

One of the reasons the School Shop program has been so successful is because we decided very early on to make ourselves indispensable to the Proud Mary tour. Hence, we open during school holidays because it's what our market demands. Our teachers and SSOs commit to do this and we are always amazed by the support we get from our families. We understand that the mid-year holidays are the ones where many of our families go away, but these holidays we just got enough students to form a skeleton crew. In fact, if Chloe Elliott and Mitchell Walton in Year 9 had not attended, we would have been stumped! Thank you to Coen, Harry, Matilda, Darcy, Paris, Mitchell, Chloe and Riley W for braving the cold weather and we hope to see many more students next holidays.



Artists in Residence

We have been very fortunate to secure two artists in residence for the whole of Term 3. Michael and Cameron from 'GooRoo Animation' will be working with the Middle and Upper Primary students to create clay animations. We are very excited about this opportunity and we would like to thank Mikelle for supporting us to successfully access this grant. If you Google 'GooRoo Animation', you'll see some of their amazing work.

Parents and Friends

I have included a survey about P&F in this newsletter. We are seeking your feedback on how to make P&F more relevant and effective. We would love to hear your thoughts, so please take the time to share them with us.

Student Free Day

Don't forget that Monday 3rd August is a Student Free Day. Staff will be learning about the new technology curriculum as well as completing our 'Responding to Abuse and Neglect' training.



Our condolences go out to Macca and Prue and their family on the passing of Macca's dad. I would like to thank Chris Bennett who willingly took over Macca's bus driving duties while he was not on deck.

Warm Regards, Rita

Premier's Be Active Challenge

This term, the whole school will be participating in the Premier's Be Active Challenge!



This program commenced in 2007 and it encourages students to be active and stay active. The challenge is to do at least 60 minutes of physical activity on at least 5 days of the week for at least 4 weeks over the 10 weeks. The more students that can achieve the entire 10 weeks the better our chance of receiving funds for our Health and PE learning.

Students who complete the challenge will be awarded a medal for their efforts. Students will be filling in their efforts in their own booklets at school.

Let's encourage our kids to continue being active – it's only 60 minutes a day!

Cheers, Kim

Books & Gifts Direct - Latest Selection

(orders and money due by Monday 17/08/15)

A reminder that a selection of books and other items are available to view in the school's office administration area. You can purchase an item by completing the order form included in the display box. Money is also required at the time of ordering. Books are usually changed over fortnightly and each purchase supports the McGrath Foundation.

Love to Bake cookbook (Australian Women's Weekly) - \$20.00 (RRP \$55.00)

Story Time Set 4 Books in Bag - \$16.00 (RRP \$34.99)

Miracle Mat (absorbs mud like magic!) - \$12.00 (RRP \$24.99)

A Slice of Organic Life (book with ideas and solutions to create an organic and sustainable lifestyle) - \$12.00 (RRP \$39.95)

Possum Magic book - \$10.00 (RRP \$29.99)

Hootiful Doodle Pad - \$10.00 (RRP \$19.99)

Microwave covers - \$8.00 (RRP \$14.99)

Exercise Ball Bible - \$8.00 (RRP \$39.95) *CLEARANCE

Senior Moments Flip Over Chart - \$7.00 (RRP \$19.99)

Counsellor's Corner

Why is sleep so important?



I attended a training and development day, which included a session on how important sleep is for growing bodies. I was astounded to find out that some children set their own bedtime!



There is a quote that I love and it goes like this; 'children don't know what they don't know'. This is so true. It is our job as parents to impart our knowledge. We **do** know best and we do what we do because it is in the best interest of our children.

Children need a routine that includes an actual bed time. The following information has come from a Sleep Seminar Program (Australian Centre for Education in Sleep). I will include this information over the next few newsletters. I hope you find it as interesting as I did.

'As a parent, there are many things that we have to teach our kids. Be polite, eat your veggies, do your homework, be a good sport etc. etc. They are very busy with school and homework, movies to watch, games to play, sports and clubs, friends and family. Lots to do on the weekends. So, where does sleep come into all this?

- *Infants can't stop it*
- *Toddlers and pre-schoolers don't want it*
- *School aged children think it's cool not to get it*
- *Adolescents don't care if they get it*
- *We want more of it but can't get it*
- *Our parents have time for it but often can't do it*

At your child's age, sleep is as important for development as eating and breathing. As a growing person, your child needs a lot of sleep (9 – 12 hours per night) because they are growing at a very fast rate. They may not be getting that much sleep, and if they are not they may be 'deprived' of sleep. What happens then?

The program has come out of many years of study which suggests that poor sleep can SERIOUSLY affect the mental, emotional and physical development of your child.'

Stay tuned for the 'how', 'what' and 'what if' of sleep, so you can help your child **BE THE BEST THEY CAN!**

*** Just a reminder that as School Counsellor, I am more than happy to discuss any issues you may have regarding your child with you, but would love you to make an appointment so I can give you my full attention.**

Cheers, Kerry

Enterprise Recess/Lunch Term 3 2015

TUESDAY

Lower Middle Primary **Recess**

Crumpets

* served with a variety of toppings

* Payment is required at the time of ordering on Mondays & Tuesdays

Please pay and place orders at the servery near the staff room - not in the office slot *

\$1.00 each



WEDNESDAY

Middle Primary **Lunch**

Pasta

* choice of tomato or cheesy sauce

\$2.50 each

'From The Proud Mary...'

22/06/15

Hello Teachers & Students



I am sending you all a few pamphlets, post cards etc, so you can have a look at my part of Australia.

I hope you will enjoy, and they will be of benefit.

When I asked for highlights of our fabulous trip to S.A. and the Murray River etc, your school and those who were there when we visited was one of their favourites. Thanks again and take care.

Dorothy Dunstan, Manjimup, Western Australia

Australian Girls Choir Performance

Last term, the Middle Primary Choir was very lucky to be invited to participate in the Australian Girls Choir Performance at the Christian Family Centre. The students sang some of their own songs as part of the Festival of Music Program and then joined in on the chorus in the finale 'I am Australian'.

It was an amazing night of pure talent and I know our children are richer for it. We would like to thank our parents for their continued support of these activities, it's not always easy to juggle extra events but we really do appreciate the support you give us.

Thanks Kerry & Kim

"The Australian Girls Choir was a great experience. It was so much fun and it was great to sing with the choir. It was also great meeting other people." Leila, Year 4

"I loved the girl's voices and they looked beautiful. I loved singing with them and I wish I could sing with them again." Larissa, Year 5

Class Awards

Term 3 Week 1

Junior Primary class

Shelby Rothe – for excellent effort in her journal writing.
Charlie Harrowfield – for an enthusiastic start to the term.

Junior Primary 1 class

Braeden Watts – for neat work presentation.
Phebe Nutt – fantastic effort in Spelling.

Lower Middle Primary class

Claire Ruckenstein – showing Critical Curiosity with her learning.
Ava Lindner – thoughtful contributions to class discussion.

Middle Primary class

Thomas Tidy – intellectual stretch!
Jackson Ross – working hard to finish set tasks.

Upper Primary class

Tyler Martin – willingness and enthusiasm to help anyone in need.
Jackson Hughes – improving self organisation for learning.

Short Sleeve Polo Top - * **Special Offer** *

From now until Friday 21st August 2015, Sportscene Murray Bridge are discounting their black & gold short sleeve polo shirts for school families.

Normally \$30.00, now \$25.00 (with school logo)

Sizes 8, 10, 12 and 14 are available to try on in the office for sizing. Orders and payment are to be made at Sportscene (Murray Bridge Green). Please call David Gotch and his team 85326954 if you have any queries.

COMMUNITY NEWS

Mypolonga Combined Sports' Club Friday Night Tea – Friday 7th August 2015. Meals served from approximately 6:00pm / bar facilities available from 5:30pm. All welcome!

BreastScreen SA – free breast cancer screening

We have recently received some information from **BreastScreen SA**. If you're a woman aged 50 to 74 years (however, this service is also available for 40+ women), you're eligible to have a free breast screen (screening mammogram) with **BreastScreen SA**. A screening mammogram is currently the only clinically proven way to detect breast cancer early, before symptoms start to show. An appointment can take as little as 10 minutes! To book or to find out more, call 132050.

MCSC – Mypolonga Combined Sports Club
MFC – Mypolonga Football Club
MCC – Mypolonga Cricket Club

Planning Calendar Term 3 2015

MNLC – Mypolonga Netball League Club
MBHS – Murray Bridge High School

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|----|---|--|---|--|---|---|
| 2 | 27/7 3:30pm Life Long Learning Community meeting | 28/7 English Competition Newsletter | 29/7 7:00pm Sustainability Committee Meeting 7:45pm 100 th Year Birthday committee meeting | 30/7 | 31/7 3:00pm Assembly | 1/8 & 2/8 1/8 – MFC & MNLC Bye |
| 3 | 3/8 STUDENT FREE DAY 7:00pm Finance Committee meeting 7:30pm Governing Council meeting | 4/8 RAA Street Smart Program | 5/8 MP Class @ Taillem Bend Choir | 6/8 SAPSASA Athletics @ Unity College | 7/8 3:00pm Assembly MCSC Friday Night Tea | 8/8 & 9/8 8/8 – MFC & MNLC -v- Taillem @ Taillem & MFC Gala Night |
| 4 | 10/8 Karate Lessons Newsletter | 11/8 Maths Competition | 12/8 Jump Rope for Heart 'jump off' day | 13/8 | 14/8 LMP/MP performance @ town hall 3:00pm Assembly | 15/8 & 16/8 15/8 – MFC & MNLC -v- Ramblers @ Mypo |
| 5 | 17/8 Karate Lessons | 18/8 | 19/8 | 20/8 | 21/8 3:00pm Assembly Mypo RSL BBQ/Bingo Tea | 22/8 & 23/8 22/8 – MFC & MNLC -v- Meningie @ Mypo |
| 6 | 24/8 Karate Lessons Newsletter Bookweek → | 25/8 Master Class | 26/8 | 27/8 | 28/8 3:00pm Assembly | 29/8 & 30/8 29/8 – MFC & MNLC -v- Jervois @ Jervois |
| 7 | 31/8 Karate Lessons Students to wear school hats again | 1/9 Master Class | 2/9 7:00pm Sustainability Committee Meeting 7:45pm 100 th Year Birthday committee meeting | 3/9 | 4/9 SCHOOL CLOSURE DAY MCSC Friday Night Tea | 5/9 & 6/9 5/9 – RMFL Qualifying Final @ Meningie 6/9 – RMFL Elimination Final @ Jervois |
| 8 | 7/9 Karate Lessons Newsletter 3:30pm Life Long Learning Community meeting 7:00pm Finance Committee meeting 7:30pm Governing Council meeting | 8/9 2:00pm Choir @ Mypo RSL | 9/9 Master Class 7:00pm Sustainability Committee Meeting 7:45pm 100 th Year Birthday committee meeting | 10/9 | 11/9 Small Schools Basketball competition @ Mannum 3:00pm Assembly | 12/9 & 13/9 12/9 – RMFL Second Semi Final @ Mypo 13/9 – RMFL First Semi Final @ Mannum |
| 9 | 14/9 | 15/9 Life Ed Van | 16/9 Master Class | 17/9 Life Ed Van | 18/9 3:00pm Assembly | 19/9 & 20/9 19/9 – RMFL Preliminary Final @ Imps |
| 10 | 21/9 | 22/9 Junior Primary/1 Camp to Naru Farm → | 23/9 | 24/9 2:45pm End of Term Assembly 3:25pm Dismissal | 25/9 Newsletter No Assembly 2:25pm Dismissal | 26/9 & 27/9 26/9 – RMFL Grand Final @ Ramblers |

Mypolonga Primary School

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