

# Mypolonga Primary School & Community

## Newsletter

23<sup>rd</sup> May 2016  
(Week 4)



Walk  
Safely  
to  
School  
Day



"Mistakes aren't 'bad' – they are an essential part of learning and improving. Failure is useful feedback, teaching us about ourselves, life and the world around us. The only bad 'failure' in life is the failure to have a go."

~ Tom Nehmy, PhD ([www.healthymindsprogram.com.au](http://www.healthymindsprogram.com.au)) ~

### Term 2 Assembly Roster

**Week 4** – Logan Baker, Mackenzie Lindner, Ben Stewart

**Week 5** – Sachin Bartholomeusz, Katie Hutchinson, Jayden Hearne

### Happy Birthday

25/5 – Riley (Year 6)

25/5 – Kiarra (Year 5)

28/5 – Mackenzie (Year 5)

29/5 – Thomas (Year 6)

29/5 – Ethan (Year 4)



### Enclosed with this Newsletter

. Governing Council Parent/Caregiver Survey (please return by 6/6/16)  
. P&F News

### Welcome to Student Teacher

#### Jo Bland

At the beginning of Week 2, we welcomed student teacher Jo Bland. Jo is in her 2<sup>nd</sup> year at Curtin University and is completing a Bachelor of Early Childhood.



Jo will be with us until the end of this week and is placed in Renay Persello's Year 1/2 class.

It has been a pleasure having you Jo... we hope you have enjoyed your learning experiences with us.

### SRC Casual Day

**When:** Wednesday 25/5/16 (this week)

**Theme:** Pyjamas

**Proceeds to:** Colleen & Robert Wachtel to assist with medical treatment travel costs. A gold coin donation would be appreciated. For more information, please refer to the note sent home last week.

### Upcoming Student Free Day Friday 10<sup>th</sup> June 2016

\* There will be **no** school shop visit from the Proud Mary on this day, therefore the shop will not open.



## Rita's Roar

### TIGERS in action!

Following our terrible storm a fortnight ago, I had an amazing conversation with Nicole Cain. She said 'It does my heart proud to see the TIGER spirit rise in our children. On Monday, in that terrible weather and while travelling home, there was a big tree that had fallen across the road. Pearl (Colless, mother of Kiarra and Craig) was in front of me and we both stopped as well as Mark Pahl. Pearl happened to have a chainsaw in her boot (as you do!). She got it out, fired it up and proceeded to cut up the tree. As Pearl cut up the limbs, there were Kiarra, Craig, Jeremy and Maddi C lugging the branches off the road. The children were not afraid to get out in the wind and the dust storm to lend a hand. The Mypo spirit is alive and strong in our children and I am very proud of them.' I couldn't have said it better myself!

### Committee News

Our committees keep going from strength to strength and it is so good to work with such committed families who support us to be as good as we can be.

- **The Lifelong Learning Community** met last week and we discussed 'The Politics of Collaborative Expertise' by educator John Hattie; how by working together we can progress student learning more effectively. I could see the pride in parents' and teachers' faces, as their children were able to analyse and report on complex texts about how we learn.
- **Parents and Friends** are going gangbusters with lots of social events planned in the near future.
- We have a very pro-active **Governing Council** which is passionate about our school. In this newsletter is a survey that they have created to get feedback about our effectiveness. The survey is confidential and an envelope is provided to return it.

### Murraylands Middle School Conference

Last Wednesday, all the Year 6/7 students in the Murraylands were invited to attend a conference based around healthy minds and bodies. This was an excellent initiative that was extremely well-organised.

Our students made all of their teachers very proud and reported that they got a lot out of the conference.

Well done  
Unity College!

Warm Regards,  
Rita



## Class Awards

### Term 2 Week 1

#### Junior Primary class

**Mikaela Watts** – for progressing forward in Maths and Jolly Phonics.

**Danté Sandercocock** – for progressing forward in Maths and Jolly Phonics.

#### Junior Primary 1 class

**Alarah Sipos** – for always using her neatest handwriting.

**Lyam Marshall** – for working hard toward his personal and our class goals.

#### Lower Middle Primary class

**Autumn Stapleton** – improvement in Mathematics.

**James Mueller** – improved independence and focus this week.

#### Middle Primary class

**Rhea Kempe** – a great contributor to class and group discussions.

**Katie Hutchinson** – for being a great leader in group work and supporting others.

#### Upper Primary class

**Sachin Bartholomeusz** – for asking great questions and soldiering on when not well.

**Maddison Cain** – for listening really well and taking on suggestions.

### Term 2 Week 2

#### Junior Primary class

**Pippa Smith** – for showing growing confidence within the classroom.

**Haiden Squire** – for writing sentences confidently.

#### Junior Primary 1 class

**Felicity Donald** – for working super hard to achieve her personal goals.

**Elouise Kuhn** – for putting a lot of effort into her handwriting.

#### Lower Middle Primary class

**Hayden Dahlitz** – working hard on his word sorts in Spelling.

**Phebe Nutt** – excellent group worker in Science.

#### Middle Primary class

**William Schofield** – excellent improvement in Maths skills and participation.

**Rhiannon Bowley** – for putting in 100% effort in your work and working well in groups.

#### Upper Primary class

**Logan Baker** – for helping peers when they're struggling.

**Riley Walton** – for exceptional problem solving and leadership in all areas.

## Lower Middle Primary Still Life Paintings

With student teacher Keelan Grosvenor, students used watercolours to create still life paintings. Pictured below are colourful designs by (from left) Joe Tidy and Jacinta Clark.



## Counsellor's Corner



Over the next few newsletters, I will be using information from Andrew Fuller. Andrew is a Clinical Psychologist and works with many organisations, schools and communities in Australia and internationally, specialising in the wellbeing of people, teams and families.

### Ten Hints for Creating Resilient Families

[www.andrewfuller.com.au](http://www.andrewfuller.com.au)

Resilience is the fine art of being able to bungy jump through life. The pitfalls are still there but it is as if you have an elasticised rope around your middle that helps you to bounce back from hard times.

#### No. 1 Promote Belonging

Resilience is the happy knack of being able to bungy jump through the pitfalls of life. It is the strongest antidote we know of for self-harm, depression and drug abuse and it's built on our sense of belonging.

#### No. 2 Have some mooch time

We live in a world that suffers from attention deficit disorder. We rush children from activity to activity, from lesson to lesson and from one organised event to another. Then we wonder why, when there is a lull that they say, "I'm bored". Be a counter-revolutionary. Find some time each week just to be at home without anything structured happening.

#### No. 3 Rediscover some family rituals

It doesn't matter whether it is the family walk after dinner, the Sunday roast, the Friday night pizza or the Saturday morning clean up, rituals are highly protective. The best rituals often cost nothing. These are the activities you hope that later on your children will reminisce and say, "Mum always made sure we did" or "Dad always made sure we did."

*Teachers always talk to students about being resilient and being resilient helps students cope when they are faced with unfamiliar activities or put into unfamiliar situations. Here at school, we encourage our students to step out of their comfort zone knowing that they will be supported.*

Cheers, Kerry

## National Walk Safely to School Day Friday 20<sup>th</sup> May 2016

On Friday, we participated in National Walk Safely to School Day.

Now in its 17<sup>th</sup> year, this annual event encourages all primary school children, their parents and carers to walk and commute regularly and safely to school. It is a community event seeking to promote Road Safety, Health, Public Transport and the Environment.

As walking to school for the majority of our students is not possible, we organised a school walk around Mypolonga. Thanks to the family members who joined us on our morning walk. We took in some lovely sights of our district.



## Junior Primary rafts

In a recent Art & Design lesson, Junior Primary students were asked to make rafts from recycled materials including corks, pop sticks and thimbles.

Pictured with their creative rafts are Hayden Clark and Dominick Swansson.



## SAPOL Visit

Last week, we received a special visit from Sergeant Karen Newman and Senior Constable Tina Pearson from SAPOL.

All students listened to our visitors speak about the important role of SA Police officers, cyber safety and bullying (age appropriate) and were fortunate to see (and some sit) inside a police car, complete with sirens and flashing lights!

A few of our students were handcuffed and had the opportunity to speak with SAPOL communications by radio.



## SunSmart Program



As you may know, our school is part of Cancer Council SA's SunSmart Program and we are proud to announce we have just reached 15 years of membership, following our recent, and successful, triennial membership renewal!

We have recently received the following information from the Cancer Council...

### 'Changes to the sun exposure and vitamin D recommendations

Cancer Council Australia has recently released a new position statement, [Sun exposure and vitamin D – risks and benefits](#) with recommendations about balancing the harms and benefits of sun exposure.

### What's new for South Australia?

The latest UV data from the Australian Radiation Protection and Nuclear Safety Agency (ARPANSA) shows that average UV levels are 3 and above during the months of August to April inclusive. In response to the latest data and the new position statement, Cancer Council SA now recommends implementing a sun protection policy during **terms 1, 3 and 4** in South Australia.

Depending on school activities, UV levels should also be monitored during the month of May and sun protection recommended on those days when the UV is 3 and above.

### What does this mean for your school?

The new SunSmart Program criteria for South Australia now means that a sun protection policy will need to be implemented during **terms 1, 3 and 4**. We are certain that the new recommendations will make implementing the program much more manageable for your school as it now fits with the school terms.'

In response to this information, we will update our SunSmart policy accordingly and students **will not** be required to wear their school hats from today until Week 1, Term 3 (Monday 25<sup>th</sup> July 2016).

We have asked students to take their hats home today and be washed and repaired (if necessary). We kindly ask that the hats be returned (**labelled**) to your child's classroom locker for safe keeping until next term.

If your child requires a new hat, they may be purchased from the office - broad brimmed \$7.70, legionnaire \$5.00, bucket \$7.00.

The SunSmart app for iPhone or Android is available to download from the App Store. It provides you with; sun protection times for your local area in Australia, UV levels and a 7 day weather forecast so you will always be prepared for the day ahead. You can personalise the sun protection alert to remind you of the daily sun protection times, either as a time or when the UV reaches a certain level.

## Community News

**Mypolonga Tigers Social Calendar 2016** (*subject to change*)

**Saturday 4<sup>th</sup> June 2016**, following games -v- Mannum @ Mannum. Join us back at the Club for...**80s Prom Night!!**

**Saturday 16<sup>th</sup> July 2016**, following games -v- Tailem - **Rubix Cube Night**.

**Saturday 6<sup>th</sup> August 2016**, following games -v- Mannum - **Ladies' day and player auction night**.

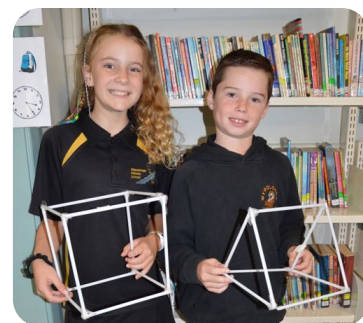
**Mypolonga Combined Sports' Club – Friday night teas (first Friday of every month)**

**Next tea:** Friday 3<sup>rd</sup> June 2016. Attending a MCSC tea is a great way to end off the working week, while socialising with other members of our community. Meals are served from approximately 6:00pm. All welcome!

## Maths swaps

As you may be aware, we have in place 'stage not age' groupings from Reception to Year 7 in Maths. A recent task of Mrs Merritt's Maths group was to make models of 3D shapes. Each student was given 12 straws and was asked to make a 3D shape of their choice. Following this, they each had to discuss the properties of their shape with their classmates.

Pictured right are Shaylee Martin and Leroy Rathjen with their 3D models.



MCSC – Mypolonga Combined Sports Club

MFC – Mypolonga Football Club

MCC – Mypolonga Cricket Club

## Planning Calendar

MNLC – Mypolonga Netball League Club  
MBHS – Murray Bridge High School

4	23/5 <b>School bus not running all week</b> JPR/1/2 enterprise lunch (toasted sandwiches) Newsletter	24/5 'Policeman Dave' visits Playgroup!  LMP enterprise recess (crumpets)	25/5 Casual Day MP enterprise lunch (hot chicken & gravy rolls) MBHS Transition evening 5:30pm-6:30pm @ St Joseph PS	26/5	27/5 3:00pm Assembly	28/5 & 29/5 28/5 – MFC & MNLC -v- Imps @ Mypo Teas from 6pm 29/5 – Mypo RSL Annual Dinner
5	30/5 JPR/1/2 enterprise lunch (toasted sandwiches)	31/5 LMP enterprise recess (crumpets)  Science Competition	1/6 MP enterprise lunch (hot chicken & gravy rolls)	2/6	3/6 3:00pm Assembly from 5:30pm P&F Dinner @ Murray Bridge Hotel 6:00pm MCSC Friday night tea	4/6 & 5/6 4/6 - MFC & MNLC -v- Mannum @ Mannum incl. 80s Prom Night
6	6/6 JPR/1/2 enterprise lunch (toasted sandwiches)  Newsletter	7/6 LMP enterprise recess (crumpets)	8/6 MP enterprise lunch (hot chicken & gravy rolls) MBHS Transition Information night @ MBHS	9/6	10/6 <b>STUDENT FREE DAY (No Shop)</b>	11/6 & 12/6 11/6 – RMFL game only
7	13/6 <b>PUBLIC HOLIDAY</b>	14/6	15/6 7:00pm Sustainability Committee Meeting	16/6	17/6 6:00pm Mypo RSL Bingo BBQ tea	18/6 & 19/6 18/6 - MFC & MNLC -v- Meningie @ Meningie
8	20/6 9:30am P&F meeting @ the school JPR/1/2 enterprise lunch (toasted sandwiches) Newsletter Meetings: 3:30pm Life Long Learning Community 7:00pm Finance 7:30pm Governing Council	21/6 LMP enterprise recess (crumpets)	22/6 MP enterprise lunch (hot chicken & gravy rolls)	23/6 from 9:30am P&F Social Morning Tea @ GCS in Murray Bridge	24/6 3:00pm Assembly	25/6 & 26/6 25/6 - MFC & MNLC -v- Jervois @ Mypo Teas from 6pm
9	27/6 JPR/1/2 enterprise lunch (toasted sandwiches)	28/6 LMP enterprise recess (crumpets)	29/6 MP enterprise lunch (hot chicken & gravy rolls)	30/6	1/7 3:00pm Assembly  6:00pm MCSC Friday night tea	2/7 & 3/7 2/7 – MFC & MNLC BYE  3/7 – P&F Movie Spectacular
10	4/7 JPR/1/2 enterprise lunch (toasted sandwiches) 5:45pm for 6:00pm start - Traffic Marshall Course (P&F)	5/7 LMP enterprise recess (crumpets) UP excursion to the Coorong	6/7 MP enterprise lunch (hot chicken & gravy rolls)  Mypo's Got Talent!	7/7 2:45pm End of Term Assembly 3:25pm Dismissal	8/7 Last day of Term 2 <b>No Assembly</b> 2:25pm Dismissal Newsletter	9/7 & 10/7 9/7 – MFC & MNLC Compulsory BYE

## Mypolonga Primary School

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