Mypolonga Primary School Bullying Policy		
Visible Bullying	Invisible Bullying	Cyber Bullying
verbal Bullying name calling, teasing put downs swearing insults threats personal graffiti harassing someone for their weight appearance or home life Physical Bullying punching kicking pushing tripping poking biting slapping choking pulling hair spitting threatening others with weapons, real or imaginary throwing things at people	 starting bad rumours nasty comments to others about someone hiding or destroying property deliberate exclusion from group, ganging up talking behind other people's backs getting others to do your dirty work passing notes around about someone making jokes about someone 	 posting bad photos of someone on the internet verbally abusing or threatening someone online. commenting rudely on someone's photo prank phone calls using mobile phones to photograph or film at school. hacking, or inappropriate use of social network sites. verbal bullying in written form